

**YORK CARERS CENTRE**  
**INDEPENDENT EXAMINED ACCOUNTS**  
**(UNAUDITED)**  
**FOR THE YEAR ENDED**  
**31 MARCH 2018**

Company registration number 06760783  
Charity number 1127644

## YORK CARERS CENTRE

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## YORK CARERS CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2018

The trustees (who are also the directors of York Carers Centre for the purposes of company law) presents their report and the consolidated financial statements of the charity and its subsidiary for the year ended 31 March 2018 which are also prepared to meet the requirements for a directors report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

#### **OBJECTIVES, ACTIVITIES AND PUBLIC BENEFIT**

The company's principal activity and public benefit is to relieve in and around the city of York the elderly, the sick and people with disabilities by providing support, advice and information to those responsible for their care.

York Carers Centre is committed to meeting the needs of all Carers in York and improving their quality of life, helping them fulfil their full potential living their own life alongside their caring role. We aim to achieve this by providing support, advice and information, representing carers' views and influencing local and national policies and practice.

#### Aims

- To enable carers to have choices about their caring role
- To positively influence local and national policy and practice to benefit carers
- To support effective caring

#### Objectives

- To support carers in their caring role
- To provide quality information, advice and advocacy for carers in York
- To provide accurate and accessible information and advice
- To assist carers to register an emergency plan
- To facilitate carer representation on local and national groups and forums
- To support carer groups and facilitate consultations
- To run groups, organise trips and events for carers
- To provide a support service for young carers including one to one work
- To provide access to breaks for all carers
- To provide groups, trips & events for young carers
- To provide specific support groups for 18-25 year old carers
- To provide help with employment, education and training for carers

The trustees have due regard to the Charity Commission's guidance on public benefit, and ensure that the activities of the organisation meet those requirements.

## YORK CARERS CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2018 (continued)

#### ACHIEVEMENTS AND PERFORMANCE

##### **Chair's Report:**

Following a very challenging time during the City of York Council's Transformation Programme: Re-wiring Public Services, we are delighted to report our success through a tendering process, with the City of York Council. We secured a contract effective from 1<sup>st</sup> April 2018 which will be the main focal point for carers across York. Our new contract will enable York Carers Centre to deliver and maintain a quality service, meeting carers' needs for the next three years.

We believe our success was not only based on evidencing our quality standards, cost effectiveness, achievements and future plans but also through the excellent relationship we have established, with City of York Council, in their aspiration to engage with and improve the quality of life of all carers in York.

We greatly appreciate our staff and volunteers who have shown loyalty and commitment in these uncertain times. They have, with the exemplary leadership of our chief executive and deputy, worked together with carers and partners, to co-design services matching commissioning and carers needs.

We are also very proud to have achieved recognition for the quality of our work through the Charity Evaluation Service and were awarded The PQASSO Quality Mark Level 1. Through our application we further received the Charity Commission's Endorsement Badge.

Earlier this year we refurbished our main reception area, making a more welcoming and comfortable area for visitors. We also invested in additional office/meeting space both for carers, professionals and staff.

##### **York Carers Centre services and support:**

The main focus of York Carers Centre is to provide a range of information, advice and support to unpaid carers of all ages throughout York and to ensure their caring role is recognised and their voice heard. We have maintained core funding through the City of York Council and additional funding from a variety of local and national trusts including the Pears Foundation who donated £10k towards our Young Adult Carers Service. We were also successful in our application to the Awards for All (see Young Carers Service) and received donations from generous individuals.

We have helped raise awareness of carers, their value to society and their needs through Carers Week and Carers Rights Day and were pleased to welcome and have the support of Rachael Maskell MP, who attended some of our events. Our communications officer has done a great job ensuring carers are recognised in the local press where we've had over 50 mentions in media stories.

For Carers Rights Week we held our second event in Parliament Street, attracting the public and carers to come to a double decker bus to engage with a range of professionals and register as carers. Healthwatch, Age UK, York Parent Carer Forum and the Family Information Service joined us to help raise awareness.

##### **Adult Carers Service:**

###### ***Peer Group Support***

We have maintained our Carer Peer Support Groups in Mental Health and Substance Misuse. We successfully engaged the support of Tees Esk and Wear Valley's NHS operations manager and piloted joint delivery of training to all mental health staff, and collaborated on the implementation of the Triangle of Care standards. Through this work we have taken an active role in improvements to young carers access to CAMHS services.

## YORK CARERS CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2018 (Continued)

We have continued to run a monthly Carers Mental Health Group in partnership with Rethink-York. The group has grown in number and we now have regular steering group meetings with selected members. Towards the end of 2017 we supported the making of a short film about caring for someone with a mental health condition, with carers from the group writing-up narrative content for the film. [https://www.youtube.com/watch?time\\_continue=2&v=9ESFg\\_Xtcxw](https://www.youtube.com/watch?time_continue=2&v=9ESFg_Xtcxw)

#### **Locally based Carer Support Hubs**

We have initiated and maintained 4 monthly locally based carers hubs providing carers with access to a community based focal point – especially helpful in identifying carers who don't recognise themselves as carers and for those with transport problems. We facilitate a range of information, advice and support for carers from ourselves and health and social care professionals, enabling carers to look after themselves and help in their caring role.

#### **Carers Voice:**

We have maintained a Carers Action Group facilitating discussion between carers and professionals, ensuring carers voices are heard. The group are planning their engagement in the City of York Council Carers Strategy Group and contributing to the drafting of a new Carers Strategy for York.

#### **Raising awareness of carers:**

We raise awareness of carers in a variety of ways. We believe this work is important as the needs of the cared for are attended to, carers are often missed or ignored and may be suffering themselves and finding their role difficult to cope with. This can be especially true for young carers who may be carrying out inappropriate caring responsibilities and for elderly carers who are especially vulnerable and isolated.

Our training events, workshops and presentations seek to inform health and social care professionals, enabling service provision to be more effective in recognising and supporting carers.

Presentations and information stalls in public venues including York Hospital reach out to help carers identify themselves as having a caring role and access appropriate support.

We have further extended our awareness raising to engage local employers, encouraging them to adopt carer friendly policies and work towards achieving our **Carers Charter**. York College has become the first employer to gain our carer friendly charter.

#### **Young Adult Carers Service:**

A highlight of this service included the lead officer for Young Adult Carers chairing a national event for the Learning and Work Institute, *Positive Transitions: supporting young adult carers in learning and work*.

HRH Princess Anne attended the event with young adult carers, from York Carers Centre who facilitated workshops about making good transitions into work and further/higher education.

We also launched our Digital Skills Project aimed at improving online skills; with a focus on job search, banking and health services. We further held drop-ins and awareness raising activities at York St John, York University and York College to help identify new young adult carers and promote York Carers Centre services and support.



## YORK CARERS CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2018 (Continued)

#### Young Carers Revolution:

In collaboration with the Social Work Department at York University, the Young Carers Revolution presented their latest media piece and addressed a conference at Leeds Beckett University. The presentation was to an audience representing seven universities across the North of England. Their work highlights the day to day problems young carers everywhere face. The project shows the benefits of applying creative ways to engage young people to illustrate their experience.

(Link to video: <https://www.youtube.com/watch?v=uSgOqHK8CjQ>)

#### Young Carers Service:

We have reviewed our young carers' registration process and access to support to ensure we remain effective and responsive to the most urgent needs of vulnerable young carers.

Young carers enjoyed a full summer holiday activity programme, a Christmas party and regular youth group activities, throughout the year. Trips during school holidays provided learning as well as fun including a visit to York Theatre and Askham Bryan Wildlife Park.

Two successful grant applications provided two exciting, fun and challenging opportunities for young carers:

**Big Lottery - Awards for All** funding engaged young carers in a healthy eating programme with York Cookery School. Three age groups of eight young carers attended six sessions including nutrition, cooking, shopping on a budget sessions. Participants were awarded a certificate on completion of the course.



**Funding from City of York Council** enabled young carers to attend a ten week 'Junior Sport Leadership Award'. The programme, delivered by York City Football Club, enabled young carers to develop skills in organisation, communication and teamwork and improving their self-confidence.

## HIGHLIGHTS

### 1<sup>st</sup> April 2017 to 31<sup>st</sup> March 2018:

- 3188 carers are registered with York Carers Centre
- Staff and volunteers dealt with over 1,500 carer enquiries - working through issues with carers and making appropriate connections to support
- Our advice workers secured over £170,000 in carers benefits
- 710 people completed our online carer awareness training
- We were mentioned in over 50 media articles
- Young adult carers engaged in 3 national events
- Young carers attended over 400 activities

## YORK CARERS CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2018 (Continued)

#### FINANCIAL REVIEW

York Carers centre finished the year with a deficit of £11,592 (2017: surplus £35,932). Total income decreased by £22,560 to £474,236 (2017: £496,796) at the same time expenditure increased by £24,964 to £485,828 (2017: £460,864).

Restricted funds deficit of £14,876 was as a result of planned expenditure in accordance with funder timescales. York Carers Centre Funding Strategy Group will continue to work to secure additional restricted funding during 2018/19.

#### RESERVES POLICY

Free reserves of £108,408 were held at 31 March 2018. Free reserves exclude those reserves which are restricted and fixed assets.

The trustees have now established a reserves policy and agreed on the level of reserves the charity will require to sustain its operations in the future.

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

York Carers Centre is a registered charity and a company limited by guarantee not having a share capital. The company is governed by its Memorandum and Articles of Association dated 28th November 2008 and Articles dated 18th September 2014 as amended by special resolution dated 21 September 2017.

The board of trustees is responsible for management of York Carers Centre. The board consists of a minimum of 6 and a maximum of 12 Trustees who should either be elected by and from the membership at or prior to the annual general meeting. Up to four person (who need not be members of the charity) can be co-opted by the trustees because they make a special contribution or have a particular interest in the work of the charity; provided that at no time shall co-opted trustees constitute more than one half of the total Board.

The chief executive who is also the company secretary reports to the board of trustees, and is responsible for the day to day management of the Carers Centre. The board of trustees hold a management meeting once a month. All trustees received training and an induction when appointed, and their training needs are reviewed annually.

**YORK CARERS CENTRE**

**REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2018 (Continued)**

**REFERENCE AND ADMINISTRATIVE INFORMATION**

**Charity name** York Carers Centre

**Company number** 6760783

**Charity number** 1127644

**Trustees**

Mrs R J Temple	Chair
Mr J P R Dean	Treasurer
Mrs J Chapman	
Mr C Durant	
Mr A Brown	
Mr G Cooney	(appointed September 2017)
Ms L Shelbourn	(appointed November 2017)
Ms H Weatherly	(appointed November 2017)
Mr T Ives	(resigned September 2017)

**Company secretary and chief executive**

Ms C D Zagrovic

**Key management personnel**

Ms C D Zagrovic, Mrs J Crosby and the Trustees

**Registered office and principal address**

Priory Street Centre  
17 Priory Street  
York  
YO1 6ET

**Our advisers**

**Bankers**

Unity Trust Bank plc  
Nine Brindleyplace  
Birmingham  
B1 2HB

**Independent examiner**

J L Campbell FCCA BSc (Hons) MAAT  
JWPCreers LLP  
Chartered Accountants  
Genesis 5  
Church Lane  
Heslington  
York  
YO10 5DQ

**YORK CARERS CENTRE**

**REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2018 (Continued)**

**FUNDS HELD ON BEHALF OF OTHERS**

At 31 March 2018 the charity held funds on behalf of Young Carers Revolution of £7,860 (2017: £7,860)

**Trustees responsibilities in relation to the financial statements**

The charity trustees (who are also the directors of the York Carers Centre for the purposes of company law) are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and of the income and expenditure of the charitable company for that period. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2015 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and the group and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

BY ORDER OF THE BOARD

.....  
R J Temple – Chair

17 September 2018

**INDEPENDENT EXAMINERS REPORT  
TO THE TRUSTEES OF YORK CARERS CENTRE**

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2018 which comprise the statement of financial activities, the balance sheet and related notes.

**Responsibilities and basis of report**

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

**Independent examiner's statement**

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ACCA.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act;  
or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

J L Campbell FCCA, BSc(Hons), MAAT  
JWPCreers LLP  
Chartered Accountants  
Genesis 5  
Church Lane  
Heslington  
York YO10 5DQ

19 September 2018

YORK CARERS CENTRE

STATEMENT OF FINANCIAL ACTIVITIES  
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)  
FOR THE YEAR ENDED 31 MARCH 2018

	Note	Unrestricted Funds £	Restricted funds £	Total funds 2018 £	Total funds 2017 £
<b>INCOME</b>					
Donations and legacies					
Donations	2	5,996	2,356	8,352	16,970
Charitable activities	2	405,728	59,044	464,772	478,222
Other trading activities	2	117	995	1,112	1,604
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Total income</b>		<b>411,841</b>	<b>62,395</b>	<b>474,236</b>	<b>496,796</b>
		<hr/>	<hr/>	<hr/>	<hr/>
<b>EXPENDITURE</b>					
Charitable activities	3	408,149	77,679	485,828	460,864
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Total expenditure</b>		<b>408,149</b>	<b>77,679</b>	<b>485,828</b>	<b>460,864</b>
		<hr/>	<hr/>	<hr/>	<hr/>
Net income/(expenditure) for the year before transfers		3,692	(15,284)	(11,592)	35,932
Transfer between funds		(408)	408	-	-
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Net income/(expenditure)</b>		<b>3,284</b>	<b>(14,876)</b>	<b>(11,592)</b>	<b>35,932</b>
<b>Reconciliation of funds:</b>					
Funds brought forward		110,076	61,288	171,364	135,432
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Total funds carried forward</b>		<b>113,360</b>	<b>46,412</b>	<b>159,772</b>	<b>171,364</b>
		<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

The statement of financial activities includes all gains and losses in the period. All income and expenditure derive from continuing activities.

**YORK CARERS CENTRE**  
**(Company number 6760783)**

**BALANCE SHEET AT 31 MARCH 2018**

	Note	31 March 2018		2017
		£	£	£
Fixed assets	6		4,952	3,350
<b>CURRENT ASSETS</b>				
Debtors	7	4,793		8,163
Bank and cash in hand		155,451		169,965
		<u>160,244</u>		<u>178,128</u>
<b>CURRENT LIABILITIES</b>				
Creditors falling due within one year	8	(5,424)		(10,114)
<b>NET CURRENT ASSETS</b>				
			<u>154,820</u>	<u>168,014</u>
<b>NET ASSETS</b>				
			<u>159,772</u>	<u>171,364</u>
<b>THE FUNDS OF THE CHARITY</b>				
Unrestricted	9		113,360	110,076
Restricted	9		46,412	61,288
<b>TOTAL FUNDS OF THE CHARITY</b>				
			<u>159,772</u>	<u>171,364</u>

For the year ending 31 March 2018 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements were approved by the trustees and are signed on their behalf by:

.....  
R J Temple - Chair

17 September 2018

**YORK CARERS CENTRE**

**NOTES TO THE ACCOUNTS - 31 MARCH 2018**

**1. ACCOUNTING POLICIES**

**Basis of preparation**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

York Carers Centre meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

**Income**

All income is included in the statement of financial activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

**Expenditure**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs relating to the category.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include accountancy fees and legal fees.

**Operating leases**

Rents payable under operating leases are charged in the statement of financial activities as incurred over the term of the lease.

**Pension costs**

The charity makes contributions to two pension schemes. Staff previously employed by the North Yorkshire Primary Care Trust contribute to the NHS pension and the charity pays the employers contribution. All the remaining staff can pay into the Pension Trust's Flexible Retirement Plan. The assets are held separately from those of the charity. Pension costs charged in the statement of financial activities represent the contributions payable by the charity in the year.

**Tangible fixed assets**

Individual fixed assets costing £500 or more are capitalised at cost.

**Depreciation**

Depreciation is provided to write off the cost of tangible fixed assets over their expected economic lives over 3 years.

**Fund accounting**

Restricted funds are those funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Unrestricted funds are those funds that can be used in accordance with the charitable objects at the discretion of the trustees.



**YORK CARERS CENTRE**

**NOTES TO THE ACCOUNTS - 31 MARCH 2018**

**3. CHARITABLE ACTIVITIES - continued**

	2018 Unrestricted £	2018 Restricted £	2018 Total £	2017 Unrestricted £	2017 Restricted £	2017 Total £
These costs comprise:						
Salaries	311,845	42,882	354,727	319,473	26,387	345,860
DBS and recruitment	2,517	167	2,684	1,523	148	1,671
Volunteers expenses	246	67	313	183	504	687
Training and conferences	3,033	351	3,384	6,464	120	6,584
Rent and room hire	24,140	413	24,553	23,532	124	23,656
Office costs	29,681	853	30,534	29,582	446	30,028
Carers week and carers rights day	306	-	306	758	-	758
Travel expenses including parking	5,359	3,489	8,848	4,807	1,753	6,560
Bank charges	387	-	387	268	-	268
Activity costs	6,098	29,457	35,555	4,725	19,388	24,113
Newsletter costs	3,283	-	3,283	3,517	-	3,517
Legal and professional fees	9,272	-	9,272	4,716	-	4,716
Sessional costs and hospitality for carers	297	-	297	329	-	329
Sundries	2,872	-	2,872	-	-	-
Website and IT costs	4,320	-	4,320	8,968	-	8,968
Depreciation	2,717	-	2,717	1,024	241	1,265
Accountancy fees	1,776	-	1,776	1,740	-	1,740
Governance cost	-	-	-	144	-	144
	<u>408,149</u>	<u>77,679</u>	<u>485,828</u>	<u>411,753</u>	<u>49,111</u>	<u>460,864</u>

**4. STAFF COSTS**

	2018 £	2017 £
Wages and salaries	321,612	304,655
Social security	19,801	20,352
Pension costs	17,187	14,977
Holiday accrual	(3,873)	5,876
	<u>354,727</u>	<u>345,860</u>
Average number of employees during the year (full time equivalent)	<u>13</u>	<u>13</u>

No employee earned £60,000 pa or more (2017: none).

No trustee nor any person connected with them received any remuneration during the year (2017: £nil).

No trustees have been reimbursed for expenses. (2017: £nil).

The average monthly headcount was 20 (2017: 19).

The key management personnel received £60,209 in the year (2017: £58,548).

YORK CARERS CENTRE

NOTES TO THE ACCOUNTS - 31 MARCH 2018

5. MOVEMENT IN TOTAL FUNDS FOR THE YEAR

	2018 £	2017 £
This is stated after crediting/charging		
Depreciation	2,718	1,265
Accountancy fees – independent examination	1,776	1,740
	<u>          </u>	<u>          </u>

6. TANGIBLE FIXED ASSETS

	Computer System £	Total £
<b>Cost</b>		
As at 1 April 2017	10,000	10,000
Additions	4,320	4,320
	<u>          </u>	<u>          </u>
As at 31 March 2018	14,320	14,320
	<u>          </u>	<u>          </u>
<b>Depreciation</b>		
As at 1 April 2017	6,650	6,650
Charge	2,718	2,718
	<u>          </u>	<u>          </u>
As at 31 March 2018	9,368	9,368
	<u>          </u>	<u>          </u>
<b>Net book value</b>		
As at 31 March 2018	4,952	4,952
	<u>          </u>	<u>          </u>
As at 31 March 2017	3,350	3,350
	<u>          </u>	<u>          </u>

7. DEBTORS

	2018 £	2017 £
Other debtors	-	992
Prepayments	4,793	7,171
	<u>          </u>	<u>          </u>
	4,793	8,163
	<u>          </u>	<u>          </u>

8. CREDITORS DUE WITHIN ONE YEAR

	2018 £	2017 £
Accruals	5,424	10,114
	<u>          </u>	<u>          </u>
	5,424	10,114
	<u>          </u>	<u>          </u>

YORK CARERS CENTRE

NOTES TO THE ACCOUNTS - 31 MARCH 2018

9. MOVEMENT IN FUNDS

	Funds at 01.04.17 £	Income £	Expenditure £	Transfer between funds £	Funds at 31.03.18 £
<b>Unrestricted funds</b>					
General funds	110,076	411,841	408,149	(408)	113,360
<b>Restricted funds</b>					
Early Intervention Fund	-	8,259	8,402	143	-
Carers Trust	-	7,297	5,678	-	1,619
Young Carers	42,665	5,121	24,251	-	23,535
Young Adults	3,660	12,500	3,172	-	12,988
Adults	2,703	1,378	-	-	4,081
Substance Misuse Fund	6,520	-	3,458	-	3,062
Joseph Rowntree Foundation	-	4,836	3,709	-	1,127
CYC Children's Services	-	15,590	15,608	18	-
Awards for All – Big Lottery	-	7,414	7,658	244	-
Yor-Part	5,740	-	5,743	3	-
Total restricted funds	61,288	62,395	77,679	408	46,412
<b>Total funds</b>	171,364	474,236	485,828	-	159,772

	Funds at 01.04.16 £	Income £	Expenditure £	Transfer between funds £	Funds at 31.03.17 £
<b>Unrestricted funds</b>					
General funds	87,944	434,982	411,753	(1,097)	110,076
<b>Restricted funds</b>					
Early Intervention Fund	-	8,260	8,535	275	-
CYC Preventative	-	-	241	241	-
Young Carers	26,933	29,634	13,902	-	42,665
Young Adults	3,128	1,906	1,374	-	3,660
Adults	2,271	432	-	-	2,703
Substance Misuse Fund	4,087	2,500	67	-	6,520
Joseph Rowntree Foundation	3,736	-	3,973	237	-
CYC Children's Services	-	15,590	15,615	25	-
Carers Trust PEARS Explore More	-	3,492	3,811	319	-
Yor-Part	7,333	-	1,593	-	5,740
Total restricted funds	47,488	61,814	49,111	1,097	61,288
<b>Total funds</b>	135,432	496,796	460,864	-	171,364

## YORK CARERS CENTRE

### NOTES TO THE ACCOUNTS - 31 MARCH 2018

#### RESTRICTED FUNDS

##### **Early Intervention Fund**

A project for general support to young carers in the city individually or as part of a group.

The transfer is to clear the fund deficit.

##### **Carers Trust**

Individual grants received to provide opportunities for carers to improve and maintain their health and wellbeing, support them in accessing work, training and employment and to work with them to explore a life outside their caring role.

##### **Funding for young carers**

Grants from trust funds and donations/fundraising from local businesses, churches and organisations specifically to provide activities and groups for carers aged 8-18 years.

##### **Funding for young adults**

Grants from trust funds and donations/fundraising from local businesses, churches and organisations specifically to provide activities and groups for carers aged 18-25 years.

##### **Funding for adults**

Grants from trust funds and donations/fundraising from local businesses, churches and organisations specifically to provide activities and groups for carers aged 25+ years.

##### **Substance Misuse Fund**

Donations/fundraising from businesses and organisations specifically to provide information and support groups for carers who are affected by someone else's substance misuse.

##### **Joseph Rowntree Foundation**

A small grant to employ a member of staff to assist in the facilitation and administration of a group for carers of people with severe mental ill health which is run in partnership with Rethink mental illness York group. The member of staff is also able to offer additional support to carers who require it and follow up any issues that arise at group meetings.

##### **CYC Children's Services**

Funding from City of York Council to support them in their new statutory duties in identifying and supporting young carers in the city.

The transfer is to clear the fund as it has finished.

##### **Awards for All – Big Lottery**

We were successful in acquiring a grant from Awards for All to deliver a programme aimed at improving the health and well-being of young carers. The programme delivered workshops promoting healthy living and demonstrations of cooking with the focus on producing a healthy balanced meal within a budget. The knowledge and skills gained from the workshops enabled young carers to make the meals for themselves and their cared for in their home. The programme is sustainable – skills learnt will be advantageous throughout future life.

The transfer is to clear the fund as it has finished.

##### **Yor-Part**

The Young Adult Carers Service were successful in acquiring funding from Yor-Part, the City of York Council Youth Sector Partnership Scheme. Young Adult Carers often take on inappropriate and excessive caring responsibilities including nursing, personal care and medication, as well as domestic tasks, finances and childcare. Caring has a major impact on the young person, affecting personal development, life chances and ability to enjoy their youth and this funding has enabled us to give them a break from their caring role and gain much needed support. We are delivering monthly peer support sessions, social activities, monthly drop ins, awareness raising sessions at partner agencies, and quarterly workshops on health and wellbeing.

The transfer is to clear the fund as it has finished.

**YORK CARERS CENTRE**

**NOTES TO THE ACCOUNTS - 31 MARCH 2018**

**10. ANALYSIS OF NET ASSETS BETWEEN FUNDS**

	Unrestricted fund £	Restricted fund £	Total 2018 £	Total 2017 £
Fixed assets	4,952	-	4,952	3,350
Current assets	113,832	46,412	160,244	178,128
Current liabilities	(5,424)	-	(5,424)	(10,114)
	<u>113,360</u>	<u>46,412</u>	<u>159,772</u>	<u>171,364</u>
	<u><u>113,360</u></u>	<u><u>46,412</u></u>	<u><u>159,772</u></u>	<u><u>171,364</u></u>
	Unrestricted fund £	Restricted fund £	Total 2017 £	Total 2016 £
Fixed assets	3,109	241	3,350	1,507
Current assets	117,081	61,047	178,128	136,842
Current liabilities	(10,114)	-	(10,114)	(2,917)
	<u>110,076</u>	<u>61,288</u>	<u>171,364</u>	<u>135,432</u>
	<u><u>110,076</u></u>	<u><u>61,288</u></u>	<u><u>171,364</u></u>	<u><u>135,432</u></u>

**11. RELATED PARTY TRANSACTIONS**

There are no related party transactions in either year.