

## York Carers Centre Discount Card Scheme



Please find attached your free 'Carers Discount Card'. All you need to do is to sign the back of the card and you can begin to use it. The card can save you money at nearly 50 local businesses. The discounts are accurate at the time of going to print. We will be reviewing the discounts annually, but will let you know about any changes in the meantime through our regular newsletter and ebulletin. Our website will also have an up to date list of businesses offering discounts.

If you have any queries or decide you do not need the card or if you stop being a carer, please contact us on 01904 715490 (Monday-Thursday 9-5pm) or email [enquiries@yorkcarerscentre.co.uk](mailto:enquiries@yorkcarerscentre.co.uk)

If you are a parent of a disabled child you can register with York FIS to receive information about additional services, offers and activities. You will also get a free Max Card which gets two adults and two children free entry into attractions across Yorkshire. Sign up at [www.yor-ok.org.uk/myfis](http://www.yor-ok.org.uk/myfis) or call 01904 554444.

**You will need to present your discount card to receive the discounts.**

If you need this brochure in large print call York Carers Centre on (01904) 715490

Disclaimer: The publication of this text does not mean that York Carers Centre endorses or recommends these businesses.

**Last July 2018**

Registered charity number 1127644 | registered company number 06760783

# York Carers Centre Discount Card Scheme

You will need to present your discount card to receive the discounts.

## Bike shops

### Shannons Cycle Centre

Offer: 10% off bikes and accessories.

Address: 169 - 171 Boroughbridge Road, York, YO26 6AN

Phone: 01904 791610 / 791736

Email: [esales@shannonscyclecentre.co.uk](mailto:esales@shannonscyclecentre.co.uk)

[www.shannonscyclecentre.co.uk](http://www.shannonscyclecentre.co.uk)

## DIY and homewares

### Classic Carpets

Offer: 10% off carpets, excluding Karndean.

Address: 46 Auster Road, Clifton Moor, York YO30 4XA

Phone: 01904 693331

Email: [classiccarpetsofyork@gmail.com](mailto:classiccarpetsofyork@gmail.com)

[www.cctvsystemsYork.co.uk](http://www.cctvsystemsYork.co.uk)

### Heima

**Offer:** 15% discount excluding existing offers or sale items. Earthborn Paints 5%.

Address: 34 Gillygate, York, YO31 7EQ

Phone: 01904 624180

Email: [maff@heimayork.uk](mailto:maff@heimayork.uk)

[www.heimayork.uk](http://www.heimayork.uk)

### Herbert Todd and Son

Offer: 10% discount off all products and services that are not already on promotion.

Address: 16 York Road, Acomb, York, YO24 4LU

Phone: 01904 798283

[www.htodd.co.uk](http://www.htodd.co.uk)

### Pextons Hardware

Offer: 10% discount on selected items.

Address: 11-13 Bishopthorpe Road, York, YO23 1NA

Phone: 01904 623217

### Steve Garnett Picture Framing

Offer: 10% off.

Address: 15 Windsor Drive, Wigginton, York, YO32 2QG

Phone: 01904 761624 / 07950 443096

Email: [garnett50@googlemail.com](mailto:garnett50@googlemail.com)

[www.pictureframingyork.co.uk](http://www.pictureframingyork.co.uk)

## Eating out

### **Bruks Coffee Shop**

Offer: 10% off the bill.

Address: 1 Peter Lane, York, YO1 8SW

### **Cakes d'Licious**

Offer: 10% off Monday – Friday

Address: 61 Clifton, York, YO30 6BD

Phone: 01904 541100

### **Frankie and Benny's**

Offer: 20% off food excluding breakfast and lunch menus.

Clifton: Clifton Moor, York, YO30 4XY

Monks Cross: Vanguarde Shopping Park, Vanguarde Way, Huntington, YO32 9AE

Phone: Clifton Moor: 01904 691261, Monks Cross: 01904 621438

[www.frankieandbennys.com](http://www.frankieandbennys.com)

### **Micklegate Social**

Offer: 10% off food and drink (excludes alcohol).

Address: 148 Micklegate, York, YO1 6JX

Phone: 01904 633777

### **Tea on the Green**

Offer: 10% off food and drink, including outside catering for events.

Address: 37 The Green, Acomb, York, YO26 5LL

Phone: 01904 789380

[www.teaonthegreenyork.co.uk](http://www.teaonthegreenyork.co.uk)

## Education

### **First Class Learning, York South**

Offer: Three months tuition for the price of two to all York Carers Centre members and their children. That's three months for £120 instead of £180.

Phone: 07932 751003      Email: 07932 751 003

[www.firstclasslearning.co.uk/york-south](http://www.firstclasslearning.co.uk/york-south)

## Gyms

### **Better Leisure (Energise and Yearsley)**

Offer: York Carers Centre discount card entitles holders to York Concession Prices / Corporate Membership for the gym, swimming pool and climbing wall.

Address: (Energise) Cornlands Road, York, YO24 3DX      Phone: 01904 552424

Address: (Yearley) Hayley's Terrace, York, YO31 8SB      Phone: 01904 552424

[www.better.org.uk](http://www.better.org.uk)

### **Red Goat Climbing**

Offer: Concessionary rates (£10 for induction and £5.50 off peak £6.50 peak)

Address: 6 Redeness Street, York, YO31 7UU

Phone: 01904 731548      Email: info@redgoatclimbing.co.uk

www.redgoatclimbing.co.uk

### **Roko Health Club**

Offer: £44.50 per month membership, allowing full access to all facilities. No joining fee.

Address: Stirling Road, Clifton Moor, York, YO30 4TU

Phone: 01904 699740

www.roko.co.uk/york-gym

### **Atlanta Health and Fitness**

Offer: 15% off fitness for life.

Address: Seafire Close, York, YO30 4UU

Phone: 01904 690819      Email: atlantahealthandfitness@hotmail.co.uk

www.atlantahealthandfitness.co.uk

## **Hairdressers and barbers**

### **Pat Caulfield Hairdressing Salon**

Offer: Cut and blow dry £22.50 (normally £40) on Mondays only.

Address: 56 Low Petergate, York, YO1 7HZ

Phone: 01904 621929

### **Ali Barbers**

Offer: £1 off, Monday to Friday.

Address: Front Street, Acomb, York, YO24 3BW

Phone: 07977 582051

## **Holistic Therapy**

### **Christine Bailey Counselling**

Offer: 10% off one-to-one counselling sessions

Phone: 01904 625320      Email: christine@christinebaileycounselling.co.uk

www.christinebaileycounselling.co.uk

### **Complexions Salon**

Offer: 10% off first three sessions for new clients (massage, facials, make overs, electrolysis and more)

Address: 9 East Parade, Heworth, York, YO31 7YB

Phone: 01904 430316

### **Escape to Shanti**

Offer: 10% off all treatments (many types of massage available)

Address: Copmanthorpe, York

Phone: 07957 208212

Email: [margaretwebster@escapetoshanti.co.uk](mailto:margaretwebster@escapetoshanti.co.uk)

### **The Healing Clinic**

Offer: 10% off.

Address: The Healing Clinic, Merchantgate, York, YO1 9TU

Phone: 01904 679868

Email: [info@thehealingclinic.co.uk](mailto:info@thehealingclinic.co.uk)

[www.thehealingclinic.co.uk](http://www.thehealingclinic.co.uk)

### **Heworth Reflexology**

Offer: 20% discount on treatments on the premises at the Anson Drive address. 10% discount only on home visits.

Address: Heworth Reflexology, Renni Prella, 18 Anson Drive, York, YO10 4LH

Phone: 01904 656057 / 07940 029672    [www.renniprella.co.uk](http://www.renniprella.co.uk)

### **Pressure Points Massage**

Offer: 10% off treatments.

Address: York Yoga Studio, 112 Acomb Road, York, YO24 4EY

Phone: 01904 785704

Email: [catherinehagan2@gmail.com](mailto:catherinehagan2@gmail.com)

[www.pressure-points-massage.com](http://www.pressure-points-massage.com)

### **Sarah Wilson Natural Therapies**

Offer: £5 off every treatment (treatments include: new natural face-lift massage, head massage, reiki healing, warm paraffin wax and deep or relaxing massage)

Address: Strensall, York (please phone for details)

Phone: 01904 491606 / 07889 423746

Email: [info@yorkmassage.com](mailto:info@yorkmassage.com)

[www.yorkmassage.com](http://www.yorkmassage.com)

### **Sheila Middlemass Reflexology**

Offer: £27 instead of £38 for initial treatment, then £28 for subsequent treatment. After 10 treatments 11th will be free. Carers can have a 'taster treatment' for £10 at their home, or free if they go to Sheila.

Address: 7 Orchard Gardens, Huntington, York, YO31 9EA.

Phone: 01904 679939 / 07759 564681

### **Time to De-stress**

Offer: 10% off first three sessions for new clients (Reiki, Seichem Healing and Auricular Acupuncture)

Phone: 07753 420329

Email: [timetodestressyork@gmail.com](mailto:timetodestressyork@gmail.com)

[www.timetodestress.co.uk](http://www.timetodestress.co.uk)

### **York T'ai Chi**

Offer: Concession price of £4 per class instead of £6

Phone: 07903 755847

Email: [paulpauljojo@gmail.com](mailto:paulpauljojo@gmail.com)

## **The Zentist**

Offer: All therapists are offering 10%.

Address: 76 Gillygate, York, YO31 7EQ

Phone: 01904 622706      Email: [gillian@thezentist.co.uk](mailto:gillian@thezentist.co.uk) / [tracey@thezentist.co.uk](mailto:tracey@thezentist.co.uk)

[www.thezentist.co.uk](http://www.thezentist.co.uk)

## **Outings**

### **Beetlebank Open Farm**

Offer: Free admission for the carer

Address: Moor Lane, Murton, York, YO19 5XD

Phone: 01904 488796      Email: [beetlebankfarm@gmail.com](mailto:beetlebankfarm@gmail.com)

[www.beetlebankopenfarm.co.uk](http://www.beetlebankopenfarm.co.uk)

### **Burton Agnes Hall**

Offer: 10% off admission when visiting alone. Free admission when visiting with the person who is cared for.

Address: Burton Agnes, Driffield, East Riding of Yorkshire, YO25 4NB

Phone: 01262 490324      Email: [office@burtonagnes.com](mailto:office@burtonagnes.com)

[www.burtonagnes.com](http://www.burtonagnes.com)

### **Castle Howard**

Offer: Free admission for carers when visiting with the person they care for (cared for person pays concessionary rate).

Address: York, YO60 7DA

Phone: 01653 648333      Email: [house@castlehoward.co.uk](mailto:house@castlehoward.co.uk)

[www.castlehoward.co.uk](http://www.castlehoward.co.uk)

### **City Screen Cinema**

Offer: Free ticket for accompanying carers for films and Screen Art shows.

Address: Coney Street, York, YO1 9QL

Phone: 01904 612940      Email: [cath.s@picturehouses.co.uk](mailto:cath.s@picturehouses.co.uk)

[www.picturehouses.com](http://www.picturehouses.com)

### **Eden Camp Modern History Theme Museum**

Offer: £1 off admission.

Address: Malton, North Yorkshire, YO17 6RT

Phone: 01653 697777      Email: [admin@edencamp.co.uk](mailto:admin@edencamp.co.uk)

[www.edencamp.co.uk](http://www.edencamp.co.uk)

## **Jorvik Group of Attractions (York Archaeological Trust)**

Offer: 20% off admission.

Attractions: JORVIK Viking Centre, Coppergate, York, YO1 9WT

DIG, St Saviours Church, St. Saviourgate, York, YO1 8NN

Barley Hall, Coffee Yard, Off Stonegate, York, YO1 8AR

The Richard III Experience, Monk Bar, 6 Goodramgate, York, YO1 7LQ

The Henry VII Experience, Micklegate Bar, Micklegate, York, YO1 6JX

[www.thejorvikgroup.com](http://www.thejorvikgroup.com)

## **Tenpin Bowling and Laserquest**

Offer: Monday to Friday before 6pm £4.15 per person for 1 game or £6.25 for 2 games.

Monday to Friday before 6pm Laserquest is £4 for 1 game, £7 for 2 games.

Address: Stirling Road, Clifton Moor, York, YO30 4WZ

[www.tenpin.co.uk/york](http://www.tenpin.co.uk/york)

## **York Brewery**

Offer: Free entry for carers.

Address: 12 Toft Green, York, YO1 6JT

Phone: 01904 621162      Email: [enquiries@york-brewery.co.uk](mailto:enquiries@york-brewery.co.uk)

[www.york-brewery.co.uk](http://www.york-brewery.co.uk)

## **York Museums Trust**

Offer: Carer goes free and the person you care for pays concession rate

Attractions: York Art Gallery, Exhibition Square, York, YO1 7EW

Yorkshire Museum, Museum Gardens, York, YO1 7FR

York Castle Museum, Tower Street, York, YO1 9RY

[www.yorkmuseumstrust.org.uk](http://www.yorkmuseumstrust.org.uk)

## **Shops**

### **Clifton Cobblers**

Offer: 10% off.

Address: 72 Clifton Green, York, YO30 6AW

Phone: 01904 672033

### **Duttons for Buttons**

Offer: 10% off full priced goods.

Address: 32 Coppergate, York, YO1 1NR

Phone: 01904 632042

[www.duttonsforbuttons.co.uk](http://www.duttonsforbuttons.co.uk)

### **Floral Elegance**

Offer: 10% off flowers and gifts over £15.00.

Address: 49 Front Street, Acomb, York, YO24 3BR

Phone: 01904 799949      Email: [info@floraleleganceflorist.co.uk](mailto:info@floraleleganceflorist.co.uk)

[www.floraleleganceflorist.co.uk](http://www.floraleleganceflorist.co.uk)

### **Joy**

Offer: 10% off non-sale items.

Address: 13 High Ousegate, York, YO1 8RZ

[www.joythestore.com](http://www.joythestore.com)

### **Kat Von Bling (personalised gifts) – online shop**

Offer: 10% off and free delivery. Type in the code `yorkcckvb` at the checkout.

[www.katvonbling.co.uk](http://www.katvonbling.co.uk)

### **Millie's Greengrocers**

Offer: 10% discount.

Address: 37 Bishopthorpe Road, York, YO30 5QW

Phone: 07923094018

### **Office Shoes**

Offer: 10% discount on full price 'OFFICE' branded shoes at the York store. This discount cannot be used in conjunction with any other promotions and cannot be used to purchase a gift card.

Address: 3-9 Coney Street, York, YO1 9QL

Phone: 01904 641740      Email: [customerservice@office.co.uk](mailto:customerservice@office.co.uk)

[www.office.co.uk](http://www.office.co.uk)

### **The Viking Loom**

Offer: 10% discount on full price goods only.

Address: Wigginton Lodge, Wigginton Road, York, YO32 2RH

Phone: 01904 620587      Email: [vikingloom@vikingloom.co.uk](mailto:vikingloom@vikingloom.co.uk)

[www.vikingloom.co.uk](http://www.vikingloom.co.uk)

### **The York Makery**

Offer: 10% discount on non-sale items and classes

Address: 36 Gillygate, York, YO31 7EQ

Email: [theyorkmakery@gmail.com](mailto:theyorkmakery@gmail.com)

[www.theyorkmakery.co.uk](http://www.theyorkmakery.co.uk)



## **Solicitors**

### **Crombie Wilkinson Solicitors**

Offer: York Carers Centre has joined Crombie Wilkinson Solicitors Law Club which gives carers a 12.5% discount on fees, initial free telephone advice and opportunity to get special offers and prize draws. To use the offer, ring Crombie Wilkinson Solicitors on 0800 2802238 and quote "my Law Club membership number is 634 as I am a member of York Carers Centre". You will then need to take your York Carers Centre members number with you to the first appointment to show your membership of York Carers Centre.

Address: 19 Clifford Street, York, YO1 9RJ

[www.crombiewilkinson.co.uk](http://www.crombiewilkinson.co.uk)

## **Taxis**

### **Fleetways Taxis**

Offer: 10% discount subject to a minimum fare of £4.20 (daytime) and £4.80 (night from 10pm), not available with any other offers.

Address: 9-10 Queens Street, York, YO24 1AD

Phone: 01904 645333

Email: [fleetways@btconnect.com](mailto:fleetways@btconnect.com)

[www.fleetways.co.uk](http://www.fleetways.co.uk)