

**YORK CARERS CENTRE**  
**INDEPENDENT EXAMINED ACCOUNTS**  
**(UNAUDITED)**  
**FOR THE YEAR ENDED**  
**31 MARCH 2016**

Company registration number 06760783  
Charity number 1127644

**YORK CARERS CENTRE**

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## YORK CARERS CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2016

The trustees (who are also the directors of York Carers Centre for the purposes of company law) presents its report and the consolidated financial statements of the charity and its subsidiary for the year ended 31 March 2016 which are also prepared to meet the requirements for a directors report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

#### **OBJECTIVES, ACTIVITIES AND PUBLIC BENEFIT**

The company's principal activity and public benefit is to relieve in and around the city of York the elderly, the sick and people with disabilities by providing support, advice and information to those responsible for their care.

York Carers Centre is committed to meeting the needs of all Carers in York and improving their quality of life, helping them fulfil their full potential living their own life alongside their caring role. We aim to achieve this by providing support, advice and information, representing Carers' views and influencing local and national policies and practice.

#### Aims

- To enable Carers to have choices about their caring role
- To positively influence local and national policy and practice to benefit Carers
- To support effective caring

#### Objectives

- To support Carers in their caring role
- To provide quality information, advice and advocacy for Carers in York
- To provide accurate and accessible information and advice
- To assist Carers to register an emergency plan
- To facilitate Carer representation on local and national groups and forums
- To support Carer groups and facilitate consultations
- To run groups, organise trips and events for Carers
- To provide a support service for Young Carers including one to one work
- To provide access to breaks for all Carers
- To provide groups, trips & events, and residential breaks for Young Carers
- To provide specific support groups for 18-25 year old Carers
- To provide help with employment, education and training for Carers

The trustees have due regard to the Charity Commission's guidance on public benefit, and ensure that the activities of the organisation meet those requirements.

## YORK CARERS CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2016

#### ACHIEVEMENTS AND PERFORMANCE

##### Trustees:

The introduction of improved rights for carers through the Care Act 2014 has brought about a new way of working with our Local Authority and extensive negotiations around a new contract. Talks are on-going and although we are still operating in uncertain times we believe the Care Act, along with the good relationships we have established with the City of York Council and the Vale of York Clinical Commissioning Group, will prove beneficial to maintaining services and support for all carers throughout York.



The Trustee governance training and our skills audit enabled us to see gaps and to advertise for new trustees with specific skills and experience. We had an excellent response and are further developing our induction training and support to new members.

Trustees hosted their annual Away Day for staff and volunteers alongside celebrating York Carers Centre's 20<sup>th</sup> Birthday celebrations

Trustees maintain a regular presence at staff meetings, strengthening the working relationship between the Board and staff and volunteers and improving understanding of governance and delivery of our aims.

We extend our thanks to the many volunteers who support our work with carers and the generosity of our funders, both local individuals/businesses and statutory bodies alongside funding from Charitable Trusts and Foundations.

##### Volunteers:

We value immensely the help our volunteers provide. They are involved across a range of activities and directly support carers with transport and supervision to run young carers trips and activities; provide a vital telephone link to a listening service, information, advice and support; help with the distribution of YCC newsletter and support specific groups of carers including those affected by substance misuse and mental health.

##### Monitoring our work:

Our Charitylog integrated management system went live in July 2015 with workshops and training for all staff and volunteers. The system is proving an excellent way of monitoring service delivery and measuring our outcomes.

To date our monitoring evidences 150 young carers; 117 young adult carers and 2,360 adult carers registering with us; almost 500 referrals; 477 Discount Cards sent out to carers and over 400 Carers Information Packs issued.

##### The Care Act:

Through our many ways of maintaining contact with carers we ensured all carers became aware of the new Care Act which came into force from April 2015. The Act strengthens the rights of carers and acknowledges the vital role they play in society with a clear statutory entitlement to an assessment of their need.

## YORK CARERS CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2016

#### ACHIEVEMENTS AND PERFORMANCE

##### Carers Week:



During Carers Week in June 2015 we launched a new Carers Action Group, alongside hosting a range of activities including a mental health peer support session and afternoon tea at The Archbishop's Palace.

At the launch of the Action Group we invited carers from across York to meet us, over lunch, and share the problems carers face and to explore how we can make a difference. The group continued to meet, discussing a range of issues including services for the cared for; access to information; employment; direct payments; mental health and carers assessment. Such discussions will influence service provision with key decision makers and the development of the York Carers Strategy.

##### Carers Rights Day:

In November 2015 we held our Carers Rights Day at the Folk Hall in New Earswick. Guest speakers and presenters included Be Independent introducing a wide variety of telecare equipment, followed by lunch, games, crafts, complementary therapies and health advice stalls.

##### Supporting Carers:

With over 2500 carers registered we have maintained close working relationships with a range of voluntary and statutory organisations and services. We have maintained support to carers, providing information, advice and support, through our city centre premises alongside developing our work in community venues enabling carers to meet socially, overcome their loneliness and isolation, access specialist service providers and attend specialist events and workshops.

York Mental Health Carers Group has flourished through 2015 supported by Rethink Mental Illness (York) and York Mind. The group has taken an active role in engaging with local MPs and decision-making processes around the closure of Bootham Park Hospital.

At their successful conference in November 2015 they heard from Directors of Tees, Esk and Wear Valleys (TEWV), the NHS Trust who have taken over mental health services in York. Also presenting and answering carers' questions were representatives from the Vale of York Clinical Commissioning Group and City of York Council.

Carers gave feedback that the evening was very useful and provided much needed information and answers to the big questions regarding the future of York's mental health inpatient and outpatient facilities.

The substance misuse service has maintained 1:1 support and monthly support groups. The groups meet regularly and our Substance Misuse Carer Support Worker and volunteers have hosted a range of events including peer support, boundary setting workshops, nutrition and looking after yourself alongside guest speakers from drug and alcohol services and mutual aid groups. Carers also worked with STRETCH charity to create their own very powerful digital stories. These can be viewed on the substance misuse page on our website [www.yorkcarerscentre.co.uk](http://www.yorkcarerscentre.co.uk)

##### Carers Discount Card:

Our Carers Discount Card has been distributed to almost 500 carers during the year with support from some 50 local businesses from energy providers to discount gym membership.

## YORK CARERS CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2016

#### ACHIEVEMENTS AND PERFORMANCE

##### Carers Emergency Card Scheme:

Since the inception of the Carers Emergency Card Scheme in 2008, over 1,250 carers have registered to use the scheme. Currently 513 carers actively carry a card. This year to date letters have been sent to 324 carers regarding an annual update of the information they provided at the time of registration. Around half of carers responded to the letter and we followed up with telephone calls to approximately 160 carers. The Carers Centre is fortunate to have secured the support of a volunteer to assist with the annual update of information for the scheme.

##### Young Adult Carers:

Young Adult Carers attended the Carers Trust Conference in Leeds where we were invited to provide a presentation on our work as an example of good practice. 12 Universities from the region were represented and two young adult carers from York Carers Centre did an amazing job of speaking about what it's like to be a Young Adult Carer in higher education.



We also helped launch a new University Toolkit at York St John University during June 2015 highlighting the struggles a Young Adult Carer can face and how to best support them so that they reach their full potential through higher education.

Young Adult Carers were also involved in campaigning with The Carers Trust 'Time To Be Heard' Project, and fed into campaigns on employment and mental health.

You can see the 'Time to be Heard' video at [vimeo.com/133026575](https://vimeo.com/133026575).

##### Young Cares Service:

LAFF'S (laughs, advice, fun, friendship and support) are our youth club sessions for young carers. Split into 3 age groups we host games, art sessions and baking alongside relaxing and having great fun!

We arrange lots of events, particularly during the summer holidays, and also throughout the year during weekends and some evenings. The events are a chance for young carers to have a break from their caring role, meet other young carers and to try out new activities and go to different places.



We also offer 1:1 support to young carers who are going through an especially tough time with their caring role. It's a chance to talk through any problems they have and find ways of making things better.

## YORK CARERS CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2016

#### ACHIEVEMENTS AND PERFORMANCE continued

##### School Drop-in's

School lunch time drop-in sessions provide an opportunity to catch up with staff and other young carers at school. We identified a gap in service for those young carers who receive 1:1 support due to their caring situations and those who only access group support. We were successful in our application to The Brelms Trust CIO for £5,000 to run regular drop-in sessions at four local schools and also to provide some 1:1 sessions and activities for young carers. The feedback from the Drop In sessions has been very positive and we are now applying for funding to continue these sessions.

##### Funding and new areas of work:

We can report a further successful year in securing grants from City of York Council, Charitable Trusts, churches, local businesses and local organisations.

This funding has enabled us to maintain additional staff for the Adult Service and a Young Carer Activities Co-ordinator to deliver weekly activities/support groups for Young Carers.

The young carers service has successfully applied for funding to help the young people from the lowest income families to purchase school uniforms. 20 families benefitted from this funding.

Young Carers have also had access to an individual activities fund awarded by York Children's Trust. This enabled 21 young carers to access universal activities in their local area. Activities included Cubs membership, violin lessons and school trips.

Through a successful application to the Joseph Rowntree Foundation and The Purey Cust we have developed an exciting new project in the local community to particularly reach carers who may be vulnerable, isolated and at considerable risk of developing problems with their own physical and mental health.

The Carers Together Project has supported early intervention practice through developing a new carer led group, with some sessions facilitated by a range of professionals, providing direct access to services that support carers to maintain or improve their health and wellbeing. This model has proved very successful and will be the basis of our future work in community hubs.

We were successful in our application to Joseph Rowntree Foundation for funding for our group of carers who support someone with a mental health condition. This funding has enabled us to employ a Carer Support Worker to support this group who often have such complex and distressing needs.



We are very fortunate to have received funding for Young Carers from many sources including York Minster, Nestle Community Fund and Grants from other local Trust Funds. This funding has enabled us to provide much needed activities and breaks for Young Carers over the school holidays and maintain our young people's weekly support group.

We have received funding for Young Adult Carer activities from City of York Council/other sources and individual grants for Young Adult Carers from Carers Trust.

We would particularly like to thank the many individuals who have supported us over the year through various fundraising events.

We gratefully acknowledge the support of Jane and Marty Nordli who ran the York 10k and the Great North Run raising approximately £800 for York Carers Centre.

## YORK CARERS CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2016

#### FINANCIAL REVIEW

York Carers centre finished the year with a deficit of £53,248 (2015: surplus £15,454). Total income reduced slightly by £31,803 to £381,512 (2015: £413,315) at the same time expenditure increased by £36,899 to £434,760. (2015: £397,861)

Unrestricted funds deficit of £26,052 was due to a shortfall in contract income which had been anticipated. Following the introduction of the Care Act 2014 we have been negotiating a new contract with City of York Council and Vale of York Clinical Commissioning Group and have now successfully secured additional future funding. This will enable us to further strengthen our staff team and maintain services and support for all carers in the York area. Restricted funds deficit of £27,196 was as a result of planned expenditure in accordance with funder timescales. York Carers Centre Funding Strategy Group will continue to work to secure additional restricted funding during 2016/17.

#### RESERVES POLICY

Free reserves of £86,918 were held at 31 March 2016. Free reserves exclude those reserves which are restricted and fixed assets.

The trustees are to consider what level of reserves the charity will require to sustain its operations in the future and establish a policy. This is likely to take a few years.

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

York Carers Centre is a registered charity and a company limited by guarantee not having a share capital. The company is governed by its Memorandum and Articles of Association dated 28th November 2008 and Articles dated 18th September 2014.

The Board of Trustees is responsible for management of York Carers Centre. The Board consists of a minimum of 6 and a maximum of 12 Trustees who should either be elected by and from the membership at or prior to the annual general meeting. Up to four person (who need not be members of the charity) can be co-opted by the Trustees because they make a special contribution or have a particular interest in the work of the charity; provided that at no time shall co-opted Trustees constitute more than one half of the total Board.

The Chief Executive who is also the company secretary reports to the Board of Trustees, and is responsible for the day to day management of the Carers Centre. The Board of Trustees hold a management meeting once a month. All Trustees received training and an induction when appointed, and their training needs are reviewed annually.

**YORK CARERS CENTRE**

**REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2016**

**REFERENCE AND ADMINISTRATIVE INFORMATION FOR THE YEAR ENDED 31 MARCH 2016**

**Charity name** York Carers Centre

**Company number** 6760783

**Charity number** 1127644

**Trustees**

Mrs R J Temple Chair

Mr D Bean

Ms J Bird (resigned September 2015)

Mrs J Chapman

Mr J P R Dean Treasurer

Ms N Duncan Boyd

Ms R Hall

**Company Secretary and Chief Executive**

Ms C D Zagrovic

**Registered office and Principal address**

Priory Street Centre  
17 Priory Street  
York  
YO1 6ET

**Advisers**

**Bankers**

Unity Trust Bank plc  
Nine Brindleyplace  
Birmingham  
B1 2HB

**Independent Examiner**

F A Johnson FCA  
JWPCreers LLP  
Chartered Accountants  
Genesis 5  
Church Lane  
Heslington  
York  
YO10 5DQ

**YORK CARERS CENTRE**

**REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2016**

**FUNDS HELD ON BEHALF OF OTHERS**

At 31 March 2016 the charity held funds on behalf of Young Carers Revolution of £9,829 (2015: £9,950):

**Trustees responsibilities in relation to the financial statements**

The charity trustees (who are also the directors of the York Carers Centre for the purposes of company law) are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and the group and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

BY ORDER OF THE BOARD

.....  
R Temple – Chair

5 September 2016

**INDEPENDENT EXAMINERS REPORT  
TO THE TRUSTEES OF YORK CARERS CENTRE**

I report on the accounts of York Carers Centre for the year ended 31 March 2016 which comprise the Statement of Financial Activities, the Balance Sheet and related notes.

**RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER**

The charity's trustees (who are also directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under Section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of ICAEW.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts (under Section 145 of the 2011 Act);
- to follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

**BASIS OF INDEPENDENT EXAMINER'S STATEMENT**

My examination was carried out in accordance with the general directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

**INDEPENDENT EXAMINER'S STATEMENT**

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with Section 386 of the Companies Act 2006 and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of Section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities.have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

F A Johnson FCA  
JWPCreers LLP  
Chartered Accountants  
Genesis 5  
Church Lane  
Heslington  
York  
YO10 5DQ

19 September 2016

**YORK CARERS CENTRE**

**STATEMENT OF FINANCIAL ACTIVITIES  
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)  
FOR THE YEAR ENDED 31 MARCH 2016**

	Note	Unrestricted Funds £	Restricted funds £	Total funds 2016 £	Total funds 2015 £
<b>INCOME FROM</b>					
Donations and legacies					
Donations	2	2,530	16,966	19,496	8,981
Grants and contracts	2	252,836	200	253,036	260,941
Charitable activities	2	7,876	100,028	107,904	140,442
Other trading activities	2	739	175	914	2,524
Investments - bank interest	2	162	-	162	427
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Total income</b>		<b>264,143</b>	<b>117,369</b>	<b>381,512</b>	<b>413,315</b>
		<hr/>	<hr/>	<hr/>	<hr/>
<b>EXPENDITURE ON</b>					
Charitable activities	3	303,477	131,283	434,760	397,861
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Total expenditure</b>		<b>303,477</b>	<b>131,283</b>	<b>434,760</b>	<b>397,861</b>
		<hr/>	<hr/>	<hr/>	<hr/>
Net (expenditure)/income for the year before transfers		(39,334)	(13,914)	(53,248)	15,454
Transfer between funds		13,282	(13,282)	-	-
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Net income/(expenditure)</b>		<b>(26,052)</b>	<b>(27,196)</b>	<b>(53,248)</b>	<b>15,454</b>
<b>Reconciliation of funds:</b>					
Funds brought forward		113,996	74,684	188,680	173,226
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Total funds carried forward</b>		<b>87,944</b>	<b>47,488</b>	<b>135,432</b>	<b>188,680</b>
		<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

The statement of financial activities includes all gains and losses in the period. All income and expenditure derive from continuing activities.

**YORK CARERS CENTRE**  
**(Company number 6760783)**

**BALANCE SHEET AT 31 MARCH 2016**

	Note	31 March 2016		2015
		£	£	£
Fixed Assets	6		1,507	3,082
<b>CURRENT ASSETS</b>				
Debtors	7	7,766		8,214
Bank and cash in hand		129,076		180,679
		<u>136,842</u>		<u>188,893</u>
<b>CURRENT LIABILITIES</b>				
Creditors falling due within one year	8	(2,917)		(3,295)
<b>NET CURRENT ASSETS</b>				
			<u>133,925</u>	<u>185,598</u>
<b>NET ASSETS</b>				
			<u>135,432</u>	<u>188,680</u>
<b>THE FUNDS OF THE CHARITY</b>				
Unrestricted	9		87,944	113,996
Restricted	9		47,488	74,684
<b>TOTAL FUNDS OF THE CHARITY</b>				
			<u>135,432</u>	<u>188,680</u>

For the year ending 31 March 2016 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the year ended 31 March 2016 in accordance with Section 476 of the Companies act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the trustees and are signed on their behalf by:

.....  
R Temple - Chair

5 September 2016

## YORK CARERS CENTRE

### NOTES TO THE ACCOUNTS - 31 MARCH 2016

#### 1. ACCOUNTING POLICIES

##### **Basis of preparation**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

York Carers Centre meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

##### **Reconciliation with previous Generally Accepted Accounting Practice**

In preparing the accounts, the trustees have considered whether in applying the accounting policies required by FRS 102 and the Charities SORP FRS 102 the restatement of comparative items was not required.

##### **Income**

All income is included in the SOFA when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

##### **Expenditure**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs relating to the category.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include accountancy fees and legal fees.

##### **Operating leases**

Rents payable under operating leases are charged in the Statement of Financial Activities as incurred over the term of the lease.

##### **Pension costs**

The charity makes contributions to two pension schemes. Staff previously employed by the North Yorkshire Primary Care Trust contribute to the NHS pension and the charity pays the employers contribution. All the remaining staff can pay into the Pension Trust's Flexible Retirement Plan. The assets are held separately from those of the charity. Pension costs charged in the Statement of Financial Activities represent the contributions payable by the charity in the year.

##### **Tangible fixed assets**

Individual fixed assets costing £500 or more are capitalised at cost.

##### **Depreciation**

Depreciation is provided to write off the cost of tangible fixed assets over their expected economic lives over 3 years.

##### **Fund accounting**

Restricted funds are those funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Unrestricted funds are those funds that can be used in accordance with the charitable objects at the discretion of the trustees.

YORK CARERS CENTRE

NOTES TO THE ACCOUNTS - 31 MARCH 2016

2. INCOME

	2016 Unrestricted £	2016 Restricted £	2016 Total £	2015 Unrestricted £	2015 Restricted £	2015 Total £
<b>Donations and legacies</b>						
Donations	2,530	16,966	19,496	3,400	5,581	8,981
Grants and Contracts						
City of York Council	171,000	-	171,000	171,428	2,065	173,493
North Yorkshire & York Primary Care Trust	81,154	-	81,154	81,154	-	81,154
Grant making trusts	682	200	882	-	6,294	6,294
	252,836	200	253,036	252,582	8,359	260,941
<b>Charitable activities</b>						
Grants						
City of York council	2,563	57,462	60,025	4,000	74,823	78,823
Princess Royal Trust	-	22,787	22,787	-	23,080	23,080
Grant making trusts	5,313	19,779	25,092	12,259	26,280	38,539
	7,876	100,028	107,904	16,259	124,183	140,442
<b>Other trading activities</b>						
Fundraising	739	175	914	2,524	-	2,524
<b>Bank interest</b>	162	-	162	427	-	427
	264,143	117,369	381,512	275,192	138,123	413,315

3. CHARITABLE ACTIVITIES

	2016 Unrestricted £	2016 Restricted £	2016 Total £	2015 Unrestricted £	2015 Restricted £	2015 Total £
<b>Activities</b>						
Core activity	303,477	-	303,477	289,062	-	289,062
CYC Preventative Joseph Rowntree Foundation	-	21,584	21,584	-	-	-
Carers Trust	-	3,294	3,294	-	121	121
Lloyds TSB	-	21,294	21,294	-	21,504	21,504
EET Fund	-	2,074	2,074	-	12,012	12,012
Young Carers	-	605	605	-	4,066	4,066
Young Adults	-	23,892	23,892	-	24,604	24,604
Adults	-	3,214	3,214	-	523	523
Healthcare	-	-	-	-	105	105
Grants for carers	-	-	-	-	1,003	1,003
Substance Misuse Fund	-	12,012	12,012	-	8,747	8,747
Early Intervention Fund	-	28,054	28,054	-	27,814	27,814
Purey Cust	-	8,260	8,260	-	8,300	8,300
	-	7,000	7,000	-	-	-
	303,477	131,283	434,760	289,062	108,799	397,861

**YORK CARERS CENTRE**

**NOTES TO THE ACCOUNTS - 31 MARCH 2016**

**3. CHARITABLE ACTIVITIES - continued**

	2016 Unrestricted £	2016 Restricted £	2016 Total £	2015 Unrestricted £	2015 Restricted £	2015 Total £
These costs comprise:						
Salaries	231,773	79,377	311,150	215,393	60,098	275,491
CRB & recruitment	1,071	48	1,119	982	72	1,054
Volunteers expenses	51	363	414	62	437	499
Training & conferences	742	710	1,452	1,734	848	2,582
Rent & room hire	18,403	1,496	19,899	18,173	1,584	19,757
Office costs	25,348	3,399	28,747	24,296	4,180	28,476
Carers week and carers rights day	671	-	671	705	-	705
Travel expenses including parking	2,246	4,456	6,702	2,892	3,934	6,826
Bank charges	58	-	58	43	-	43
Activity costs	5,143	30,565	35,708	2,264	34,226	36,490
Newsletter costs	2,710	1,211	3,921	2,764	-	2,764
Legal and professional fees	5,271	-	5,271	-	-	-
Sessional costs and hospitality for carers	185	-	185	321	-	321
Project costs	-	9,418	9,418	9,900	-	9,900
Website and IT costs	6,006	-	6,006	5,134	3,420	8,554
Depreciation	2,057	240	2,297	2,057	-	2,057
Accountancy fees	1,742	-	1,742	2,342	-	2,342
	<u>303,477</u>	<u>131,283</u>	<u>434,760</u>	<u>289,062</u>	<u>108,799</u>	<u>397,861</u>

**4. STAFF COSTS**

	2016 £	2015 £
Wages and salaries	279,071	247,778
Social security	20,940	19,031
Pension costs	11,139	8,682
	<u>311,150</u>	<u>275,491</u>
Average number of employees during the year (full time equivalent)	<u>11</u>	<u>10</u>

No employee earned £60,000 pa or more.

No trustee nor any person connected with them received any remuneration during the year (2015 £nil). No trustees have been reimbursed for expenses. (2015: £nil). The key management personnel is the chief executive who received £29,623 in employee benefits.

The average monthly headcount was 16 (2015: 14).

YORK CARERS CENTRE

NOTES TO THE ACCOUNTS - 31 MARCH 2016

5. MOVEMENT IN TOTAL FUNDS FOR THE YEAR

	2016 £	2015 £
This is stated after crediting/charging		
Depreciation	2,297	2,057
Accountancy fees – Independent examination	1,448	2,342
Other Services	294	-
	<u>          </u>	<u>          </u>

6. TANGIBLE FIXED ASSETS

	Computer System £	Total £
<b>Cost</b>		
As at 1 April 2015	6,170	6,170
Additions	722	722
	<u>          </u>	<u>          </u>
As at 31 March 2016	6,892	6,892
	<u>          </u>	<u>          </u>
<b>Depreciation</b>		
As at 1 April 2015	3,088	3,088
Charge	2,297	2,297
	<u>          </u>	<u>          </u>
As at 31 March 2016	5,385	5,385
	<u>          </u>	<u>          </u>
<b>Net book value</b>		
As at 31 March 2016	1,507	1,507
	<u>          </u>	<u>          </u>
As at 31 March 2015	3,082	3,082
	<u>          </u>	<u>          </u>

7. DEBTORS

	2016 £	2015 £
Other debtors	4,296	5,000
Prepayments	3,470	3,214
	<u>          </u>	<u>          </u>
	7,766	8,214
	<u>          </u>	<u>          </u>

8. CREDITORS DUE WITHIN ONE YEAR

	2016 £	2015 £
Trade creditors	-	214
Accruals	2,917	3,081
	<u>          </u>	<u>          </u>
	2,917	3,295
	<u>          </u>	<u>          </u>

**YORK CARERS CENTRE**

**NOTES TO THE ACCOUNTS - 31 MARCH 2016**

**9. MOVEMENT IN FUNDS**

	Funds at 01.04.15 £	Income £	Expenditure £	Transfer between funds £	Funds at 31.03.16 £
<b>Unrestricted funds</b>					
General funds	113,996	264,143	303,477	13,282	87,944
	=====	=====	=====	=====	=====
<b>Restricted funds</b>					
Lloyds TSB	1,988	-	2,074	86	-
Early Intervention Fund	-	8,260	8,260	-	-
CYC Preventative	15,000	10,000	21,584	(3,416)	-
Young Carers	18,674	32,151	23,892	-	26,933
Funding for Young adults Adults	1,645 182	4,697 2,089	3,214 -	- -	3,128 2,271
Substance Misuse Fund	10,441	26,200	28,054	(4,500)	4,087
Joseph Rowntree Foundation	4,379	4,359	3,294	(1,708)	3,736
Carers Grant	13,953	800	12,012	(2,741)	-
EET Fund	1,422	-	605	(817)	-
Purey Cust	7,000	-	7,000	-	-
Carers Trust	-	21,480	21,294	(186)	-
Yor-Part	-	7,333	-	-	7,333
	=====	=====	=====	=====	=====
Total restricted funds	74,684	117,369	131,283	(13,282)	47,488
	=====	=====	=====	=====	=====
<b>Total funds</b>	<b>188,680</b>	<b>381,512</b>	<b>434,760</b>	<b>-</b>	<b>135,432</b>
	=====	=====	=====	=====	=====

**YORK CARERS CENTRE**

**NOTES TO THE ACCOUNTS - 31 MARCH 2016**

9. **MOVEMENT IN FUNDS (Cont)**

**RESTRICTED FUNDS**

**Lloyds TSB**

A grant towards the salary and on-costs of the young carer worker and project expenses.

The transfer is to clear the fund as it has finished.

**Early Intervention Fund**

A project for general support to young carers in the city individually or as part of a group.

**Preventative Support Grant**

Funding from City of York Council to carry out short-term project work to develop preventative support for carers in York

The transfer represents management fees.

**Funding for young carers**

Donations and monies from fundraising activities from local business and people specifically to provide activities and groups for carers aged 8-18 years.

**Funding for young adults**

Donations and monies from fundraising activities from local business and people specifically to provide activities and groups for carers aged 16-25 years.

**Funding for adults**

Donations and monies from fundraising activities from local business and people specifically to provide activities and groups for carers aged 25 years +.

**Substance Misuse Fund**

Funding from City of York Council to provide counselling, advice and information to family members and carers of drug users through one to one group based drop-in and helpline provision.

The transfer represents management fees.

**Joseph Rowntree Foundation**

A small grant to provide breaks and activities for carers who attend the New Earswick Carers Together Project which has been established to particularly reach elderly carers who are vulnerable, isolated and lonely and at considerable risk of developing problems with their own physical and mental health. Cared for support is also funded from this grant.

The transfer represents management fees.

**Carers Grant**

Grants we have applied for on behalf of carers which we administer to them.

The transfer represents management fees.

**YORK CARERS CENTRE**

**NOTES TO THE ACCOUNTS - 31 MARCH 2016**

**9. MOVEMENT IN FUNDS (Cont)**

**EET Fund**

A grant received from Yorkshire and Clydesdale Fund to support carers returning to employment, education and training.

The transfer represents management fees.

**Purey Cust**

A small grant to fund staff time, technology and transport to support breaks and activities for carers who attend the New Earswick Carers Together Project. This grant aims to introduce elderly carers to ICT through training and activity sessions to enable them to access health apps and support to help maintain their health and wellbeing.

**Carers Trust**

Part of a two year grant received to provide opportunities for young adult carers to improve and maintain their health and wellbeing, support them in accessing work, training and employment and to work with them to explore a life outside their caring role.

The transfer is to clear the fund.

**Yor-Part**

The Young Adult Carers Service were successful in acquiring funding for one year from Yor-Part, the City of York Council Youth Sector Partnership Scheme. Young Adult Carers often take on inappropriate and excessive caring responsibilities including nursing, personal care and medication, as well as domestic tasks, finances and childcare. Caring has a major impact on the young person, affecting personal development, life chances and ability to enjoy their youth and this funding has enabled us to give them a break from their caring role and gain much needed support. We are delivering monthly peer support sessions, social activities, monthly drop ins, awareness raising sessions at partner agencies, and quarterly workshops on health and wellbeing.

**10. ANALYSIS OF NET ASSETS BETWEEN FUNDS**

	Unrestricted fund £	Restricted fund £	Total 2016 £	Total 2015 £
Fixed Assets	1,026	481	1,507	3,082
Current assets	89,345	47,497	136,842	188,893
Current liabilities	(2,427)	(490)	(2,917)	(3,295)
	<hr/>	<hr/>	<hr/>	<hr/>
	87,944	47,488	135,432	188,680
	<hr/>	<hr/>	<hr/>	<hr/>

**11. RELATED PARTY TRANSACTIONS**

There are no related party transactions in either year.