

**YORK CARERS CENTRE**  
**INDEPENDENT EXAMINED ACCOUNTS**  
**(UNAUDITED)**  
**FOR THE YEAR ENDED**  
**31 MARCH 2015**

Company registration number 06760783  
Charity number 1127644

## YORK CARERS CENTRE

<b>INDEX</b>	<b>PAGE</b>
REFERENCE AND ADMINISTRATIVE INFORMATION	1
TRUSTEES REPORT	2 - 6
STATEMENT OF TRUSTEES RESPONSIBILITIES	7
INDEPENDENT EXAMINER'S REPORT	8
STATEMENT OF FINANCIAL ACTIVITIES	9
BALANCE SHEET	10
NOTES TO THE ACCOUNTS	11 - 17

**YORK CARERS CENTRE**

**REFERENCE AND ADMINISTRATIVE INFORMATION FOR THE YEAR ENDED 31 MARCH 2015**

**Charity name** York Carers Centre

**Company number** 6760783

**Charity number** 1127644

**Trustees**

Mrs J Chapman

Mr J P R Dean

Ms S Furness

Mrs R J Temple

Ms N Duncan Boyd

Ms R Wellock

Mrs S White

Ms J Bird

Mr D Bean

Treasurer

(resigned 18 September 2014)

Chair

(resigned October 2014)

(Appointed 18 September 2014)

**Company Secretary and Chief Executive**

Ms C D Zagrovic

**Registered office and Principal address**

Priory Street Centre

17 Priory Street

York

YO1 6ET

**Advisers**

**Bankers**

Unity Trust Bank plc

Nine Brindleyplace

Birmingham

B1 2HB

**Independent Examiner**

F A Johnson FCA

JWPCreers LLP

Chartered Accountants

Genesis 5

Church Lane

Heslington

York

YO10 5DQ

## YORK CARERS CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2015

The trustees who are also the directors of the charity for the purposes of the Companies Act, present their annual report and unaudited accounts of the company for the year ended 31 March 2015. The financial statements comply with current statutory requirements and the Statement of Recommended Practice – “Accounting and Reporting by Charities” issued in March 2005.

The reference and administrative information page forms part of this report.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

York Carers Centre is a registered charity and a company limited by guarantee not having a share capital. The company is governed by its Memorandum and Articles of Association dated 28<sup>th</sup> November 2008 and Articles dated 18<sup>th</sup> September 2014.

The Board of Trustees is responsible for management of York Carers Centre. The Board consists of a minimum of 6 and a maximum of 12 Trustees who should either be elected by and from the membership at or prior to the annual general meeting. Up to four person (who need not be members of the charity) can be co-opted by the Trustees because they make a special contribution or have a particular interest in the work of the charity; provided that at no time shall co-opted Trustees constitute more than one half of the total Board.

The Chief Executive who is also the company secretary reports to the Board of Trustees, and is responsible for the day to day management of the Carers Centre. The Board of Trustees hold a management meeting once a month. All Trustees received training and an induction when appointed, and their training needs are reviewed annually.

#### **OBJECTIVES, ACTIVITIES AND PUBLIC BENEFIT**

The company's principal activity and public benefit is to relieve in and around the city of York the elderly, the sick and people with disabilities by providing support, advice and information to those responsible for their care.

York Carers Centre is committed to meeting the needs of all Carers in York and improving their quality of life, helping them fulfil their full potential living their own life alongside their caring role. We aim to achieve this by providing support, advice and information, representing Carers' views and influencing local and national policies and practice.

##### **Aims**

- To enable Carers to have choices about their caring role
- To positively influence local and national policy and practice to benefit Carers
- To support effective caring

##### **Objectives**

- To support Carers in their caring role
- To provide quality information, advice and advocacy for Carers in York
- To provide accurate and accessible information and advice
- To assist Carers to register an emergency plan
- To facilitate Carer representation on local and national groups and forums
- To support Carer groups and facilitate consultations
- To run groups, organise trips and events for Carers
- To provide a support service for Young Carers including one to one work
- To provide access to breaks for all Carers
- To provide groups, trips & events, and residential breaks for Young Carers
- To provide specific support groups for 18-25 year old Carers
- To provide help with employment, education and training for Carers

The trustees have due regard to the Charity Commission's guidance on public benefit, and ensure that the activities of the organisation meet those requirements.

## YORK CARERS CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2015

#### ACHIEVEMENTS AND PERFORMANCE

##### Trustees:

We have had a fantastic year building new partnerships, securing new IT systems to improve how we monitor and evidence our work and launched a new website. Alongside the introduction of improved rights for carers through the Care Act 2014 we believe we are in a strong position to reach and support more carers, ensuring our services meet their identified needs.

The Trustees have enhanced their governance attending training to identify strengths and weaknesses, deepening our understanding of our roles and responsibilities and adopted a skills audit to identify additional training needs and to recruit Trustees with particular experience and skills.

We have ensured that carers are represented on the board and have appointed young adult carers maintaining induction and support.

Trustees fed into the 3 year business plan (to 2015) alongside hosting an Away Day involving staff and volunteers. We regularly attend staff meetings to further enhance our working relationship between the Board and staff and volunteers.

We would like to extend our thanks to the many volunteers who support our work with carers and the generosity of our funders, both local individuals/businesses and statutory bodies alongside funding from national trusts and foundations.

##### York Carers Centre:

We have made a number of significant improvements over the year not least in the way we manage and monitor the effectiveness of our work with carers. We have invested in a new data recording and management system, Charity Log, and following lengthy trials and staff training the system will go live in July 2015.

This is alongside a new and much improved website providing a new look York Carers Centre providing vital information, advice and support, news stories and opportunities for carers and professionals to engage in a variety of breaks and activities. The link below gives a good insight into the work we do. The short films (on the right hand column) highlight the complex and emotional experience of caring for a loved one with a drug and/or alcohol problem and how York Carers Centre has helped them.

<http://www.yorkcarerscentre.co.uk/adult-carers/substance-misuse/>

We have improved our ability to identify and support the most vulnerable and at risk carers and adopted the nationally recognised Adult Quality of Life questionnaire. The results of the questionnaire enable us to deliver the most effective support to carers, especially carers with the highest needs. To date we have over 2,500 carers registered; we received over 500 referrals; sent out over 500 Discount Cards and issued over 500 Carers Information Packs.

##### Funding and new areas of work:

We have had a successful year in securing grants from charitable trusts, City of York Council, local businesses and local organisations. Such funding has enabled the Centre to employ a new Adult Carer Support Worker to deliver outreach services in the community and provide much needed home visits; and a Young Carer Activities Coordinator to deliver weekly activities/support groups for Young Carers. A two year funding grant from Carers Trust Time for Change Project has enabled us to increase our 1:1 support/carer breaks for Young Adult Carers. We have also received donations from local organisations, churches etc which have helped to provide much needed breaks for carers. We have been fortunate to have the support of a local man, Tony Ives, who has taken part in a fundraising/awareness-raising campaign for the Centre by cycling over 3,500 miles solo in USA from Virginia to California between July and September. Tony raised an amazing £2,266 which will enable us to provide a residential weekend away for carers who are desperately in need of a break from their demanding caring role.

## YORK CARERS CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2015

#### ACHIEVEMENTS AND PERFORMANCE continued

With funding from local charitable trusts we have initiated a very exciting project in New Earswick enabling elderly carers and the cared for to use tablets and iPads. The informal training sessions are supported by York Digital Library and participants have reported that they have overcome technophobia and actually found the tablets easy to use. The training sessions will eventually introduce people to using health apps and email and help overcome isolation and loneliness.

New groups have also been established supporting carers looking after someone with particular conditions including mental health, substance and alcohol misuse; elderly, frail carers looking after someone with complex care needs and carers providing end of life support for someone. The groups are facilitated by specialist staff and help to not only provide, an often vital lifeline, to accessing support but also build social networks and provide a break for carers.

We are in our second year of managing and administering the **CYC Carer Group Fund** distributing funds to groups providing activities and support for carers. We have engaged carers in decision-making, improved communication with applicants and adopted systems for applying and monitoring processes.

We facilitate and support a **Carers Mental Health Group** established in partnership with York Fellowship and MIND that has increased in both its reach and reputation. The group has grown in numbers and staff facilitate group discussion and invite professionals to ensure carers opinions are heard and shared with decision makers.

#### **Benefits Advice work:**

Our part-time Advice Worker has maintained a very effective appointment and home visits system and secured £129,000 in benefits for carers and their families. The advice worker carried out 87 home visits; 14 office visits; 3 appeals. The approximate take-up for first quarter of 2015 already stands at £47,000.

#### **Young Carer Service:**

Young Carers are engaged through a full range of activities, information, advice and 1:1's supporting carers aged 8-18.

Significant work has been done to ensure young carers transition is improved after the age of 18 into the Young Adult Carers service.

We work within the community to raise awareness of the needs of young carers. Since March 2014, 72 awareness sessions have been delivered including: training, assemblies, information presentations and representation at multi-agency meetings.

Such efforts have resulted in more referrals, improved support for young carers and generous donations from individuals, groups and businesses.

The aim is that young carers are acknowledged and supported by everyone around them with support initiated from a range of professionals and not just through York Carers Centre.

We have provided 46 activities; 33 LAFFS (youth club/peer support session), 1322 breaks and 179 1:1 sessions. Continuation of Early Intervention funding (City of York Council) has ensured 1:1 support for our most vulnerable and at risk young carers.

#### **York Young Carers Revolution:**

Maintaining support to the Young Carers Revolution helped realize a new drama production 'Tiny Treasures'. The production was based on the shared experience of young carers who attended a number of workshops developed with Inspired Youth and Theatre Hullabaloo. The very emotive performance was launched in York and has achieved high acclaim touring a number of primary and secondary schools.

A short film and dance piece were made to accompany the play and book.

Film - <https://www.youtube.com/watch?v=d7sVTPY8Egs>

Interpretive dance (!) - <https://www.youtube.com/watch?v=SRGzq8Bq3ew>

## YORK CARERS CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2015

#### ACHIEVEMENTS AND PERFORMANCE continued

Strategic support for young carers is an important part of our work. This year we have worked together with CYC to ensure young carers are receiving the assessment and support the Care Act 2014 entitles them to. We have presented our work to the Yor-ok board and identified a representative Yor-ok member to raise young carer issues at meetings.

#### **Employment, Education and Training for carers:**

Together with the Young Adult Carer worker, partnerships with local higher and further education establishments (York College and the University of York and York St John) have been developed.

Regular staff and student drop-ins have continued at York College and are planned for the next academic year at both universities. Presentations/lectures have been delivered to students on Education Studies, Occupation Therapy, Children and Families courses, to raise awareness of carer issues for future professionals. Carer representatives were involved in delivering sessions, which students reported to be extremely valuable, and carers found empowering.

Our work with York College was highlighted as a flagship project in the national Supporting Students with Caring Responsibilities publication, and the College was also featured in the government's Carers Strategy: Second National Action Plan 2014 – 2016 document.

In June we hosted a 2-day employability activity break for carers. Feedback was very positive, with 3 carers securing employment and another embarking on a small business venture.

Supporting carers in employment we have, in at least three cases, avoided the threat of disciplinary action or changes to shift patterns through liaising with their employers HR staff.



#### **Carers Emergency Card:**

Since the inception of the Carers Emergency Card Scheme in 2008, over 1,150 carers have registered to use the scheme. Currently we have 537 carers who carry a card. We often say to carers we hope they never have to use the card in an emergency but we find it provides reassurance that the person cared for would be looked after in an emergency situation.

#### **Volunteers:**

We value immensely the help our volunteers provide. They are involved across a range of activities and directly support carers with transport and supervision to run young carers trips and activities; provide a vital telephone link to a listening service, information, advice and support; help with the distribution of YCC newsletter and support specific groups of carers including those affected by substance misuse and mental health.

## YORK CARERS CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2015

#### ACHIEVEMENTS AND PERFORMANCE continued

##### Young Adult Carers:

Many young adult carers face a crucial time when they need to make decision about furthering their education and/or training or perhaps moving away from home. The decision they come to will not only impact on their future adult lives but increases pressure on them as to whether they can maintain caring support at home. Young Adult Carers are therefore very vulnerable and need support to make informed choices not only about their future but also in their transition from child to adult and from Children's to Adult Services. We have supported 124 Young Adult Carers during the year.

We have helped young adult carers to feel empowered to tell their stories. An example is an article in the Huffington Post: <http://www.huffingtonpost.co.uk/naomibarrow/>

*Naomi is a student at the University of York who's passionate about volunteering and getting young people involved in their communities. She believes that it's played a major part in helping her discover who she is as a person and what she wants to do with her life. It's allowed her to meet new people and has given her opportunities that she would have never otherwise have had.*

*Her Mum has terminal cancer, and she feels that as a society, we don't talk enough about the effects of cancer on others in the family, or what cancer is really like, particularly for young people. So, she's decided to blog about it.*

#### RESERVES POLICY

Free reserves of £110,914 were held at 31 March 2015. Free reserves exclude those reserves which are restricted and fixed assets.

The trustees are to consider what level of reserves the charity will require to sustain its operations in the future and establish a policy. This is likely to take a few years.

#### FUNDS HELD ON BEHALF OF OTHERS

At 31 March 2015 the charity held funds on behalf of Young Carers Revolution of £9,950 (2014: £6,005):

The above report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006 relating to small companies and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

BY ORDER OF THE BOARD

.....  
R Temple – Chair

1 September 2015

## YORK CARERS CENTRE

### STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also directors of York Carers Centre for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

**INDEPENDENT EXAMINERS REPORT  
TO THE TRUSTEES OF YORK CARERS CENTRE**

I report on the accounts of York Carers Centre for the year ended 31 March 2015 which comprise the Statement of Financial Activities, the Balance Sheet and related notes.

**RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER**

The charity's trustees (who are also directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under Section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of ICAEW.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts (under Section 145 of the 2011 Act);
- to follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

**BASIS OF INDEPENDENT EXAMINER'S STATEMENT**

My examination was carried out in accordance with the general directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

**INDEPENDENT EXAMINER'S STATEMENT**

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with Section 386 of the Companies Act 2006 and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of Section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities.have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

F A Johnson FCA  
JWPCreers LLP  
Chartered Accountants  
Genesis 5  
Church Lane  
Heslington  
York  
YO10 5DQ

8 September 2015

**YORK CARERS CENTRE**

**STATEMENT OF FINANCIAL ACTIVITIES  
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)  
FOR THE YEAR ENDED 31 MARCH 2015**

	Note	Unrestricted Funds £	Restricted funds £	Total funds 2015 £	Total funds 2014 £
<b>INCOMING RESOURCES</b>					
Voluntary income					
Donations	2	3,400	5,581	8,981	19,828
Grants and contracts	2	252,582	8,359	260,941	289,624
Activities for generating funds	2	2,524	-	2,524	371
Incoming resources from charitable activities	2	16,259	124,183	140,442	119,160
Bank interest	2	427	-	427	511
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Total incoming resources</b>		<b>275,192</b>	<b>138,123</b>	<b>413,315</b>	<b>429,494</b>
		<hr/>	<hr/>	<hr/>	<hr/>
<b>RESOURCES EXPENDED</b>					
Charitable activities	3	286,720	108,799	395,519	388,258
Governance costs	4	2,342	-	2,342	1,992
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Total resources expended</b>		<b>289,062</b>	<b>108,799</b>	<b>397,861</b>	<b>390,250</b>
		<hr/>	<hr/>	<hr/>	<hr/>
Net income for the year before transfers		(13,870)	29,324	15,454	39,244
Transfer between funds		7,113	(7,113)	-	-
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Net income/(expenditure) for the year</b>		<b>(6,757)</b>	<b>22,211</b>	<b>15,454</b>	<b>39,244</b>
Funds brought forward		120,753	52,473	173,226	133,982
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Total funds carried forward</b>		<b>113,996</b>	<b>74,684</b>	<b>188,680</b>	<b>173,226</b>
		<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

The statement of financial activities includes all gains and losses in the period. All incoming resources and resources expended derive from continuing activities.

**YORK CARERS CENTRE**  
**(Company number 6760783)**

**BALANCE SHEET AT 31 MARCH 2015**

	Note	31 March 2015		2014
		£	£	£
Fixed Assets	6		3,082	2,064
<b>CURRENT ASSETS</b>				
Debtors	7	8,214		22,940
Bank and cash in hand		180,679		175,470
		<u>188,893</u>		<u>198,410</u>
<b>CURRENT LIABILITIES</b>				
Creditors falling due within one year	8	(3,295)		(27,248)
<b>NET CURRENT ASSETS</b>				
			<u>185,598</u>	<u>171,162</u>
<b>NET ASSETS</b>				
			<u>188,680</u>	<u>173,226</u>
<b>FUNDS</b>				
Unrestricted	10		113,996	120,753
Restricted	10		74,684	52,473
			<u>188,680</u>	<u>173,226</u>

The trustees are satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477, and that no member or members have requested an audit pursuant to section 476 of the Act.

The trustees acknowledge their responsibility for:

- (i) ensuring that the company keeps proper accounting records which comply with section 386 of the Act, and
- (ii) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of sections 394 and 395, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the company.

These financial statements have been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006 and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

These financial statements were approved by the trustees and are signed on their behalf by:

.....  
R Temple - Chair

1 September 2015

## YORK CARERS CENTRE

### NOTES TO THE ACCOUNTS - 31 MARCH 2015

#### 1. ACCOUNTING POLICIES

##### **Basis of accounting**

These accounts have been prepared under the historical cost convention and in accordance with the Companies Act 2006, the Financial Reporting Standard for Smaller Entities effective April 2008 and the Statement of Recommended Practice - Accounting and Reporting by Charities (SORP 2005).

##### **Incoming resources**

All incoming resources are included in the SOFA when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

##### **Resources expended**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs relating to the category.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include accountancy fees and legal fees.

##### **Fund accounting**

Restricted funds are those funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Unrestricted funds are those funds that can be used in accordance with the charitable objects at the discretion of the trustees.

##### **Tangible fixed assets**

Individual fixed assets costing £500 or more are capitalised at cost.

##### **Depreciation**

Depreciation is provided to write off the cost of tangible fixed assets over their expected economic lives over 3 years.

##### **Operating leases**

Rents payable under operating leases are charged in the Statement of Financial Activities as incurred over the term of the lease.

##### **Pension costs**

The charity makes contributions to two pension schemes. Staff previously employed by the North Yorkshire Primary Care Trust contribute to the NHS pension and the charity pays the employers contribution. All the remaining staff can pay into the Pension Trust's Flexible Retirement Plan. The assets are held separately from those of the charity. Pension costs charged in the Statement of Financial Activities represent the contributions payable by the charity in the year.

YORK CARERS CENTRE

NOTES TO THE ACCOUNTS - 31 MARCH 2015

2. INCOMING RESOURCES

	Unrestricted Funds £	Restricted funds £	Total funds 2015 £	Total funds 2014 £
<b>Voluntary Income</b>				
Donations	3,400	5,581	8,981	19,828
Grants and Contracts				
City of York Council	171,428	2,065	173,493	196,071
North Yorkshire & York Primary Care Trust	81,154	-	81,154	81,154
Grant making trusts	-	6,294	6,294	12,399
	252,582	8,359	260,941	289,624
<b>Activities for generating funds</b>				
Fundraising	2,524	-	2,524	371
<b>Incoming resources from charitable activities</b>				
Grants				
City of York council	4,000	74,823	78,823	49,826
Princess Royal Trust	-	23,080	23,080	41,074
Grant making trusts	12,259	26,280	38,539	28,260
	16,259	124,183	140,442	119,160
<b>Bank interest</b>	427	-	427	511
	275,192	138,123	413,315	429,494

3. CHARITABLE ACTIVITIES

	Unrestricted Funds £	Restricted funds £	Total funds 2015 £	Total funds 2014 £
<b>Activities</b>				
Core activity	286,720	-	286,720	262,264
Backcare Project	-	-	-	8,095
Joseph Rowntree Foundation	-	121	121	-
Carers Trust	-	21,504	21,504	-
Lloyds TSB	-	12,012	12,012	14,000
EET Fund	-	4,066	4,066	-
Young Carers	-	24,604	24,604	13,888
Young Adults	-	523	523	692
Adults	-	105	105	2,567
Healthcare	-	1,003	1,003	45,388
Grants for carers	-	8,747	8,747	-
Substance Misuse Fund	-	27,814	27,814	21,274
Early Intervention Fund	-	8,300	8,300	10,090
St James Place	-	-	-	10,000
	286,720	108,799	395,519	388,258

**YORK CARERS CENTRE**

**NOTES TO THE ACCOUNTS - 31 MARCH 2015**

**3. CHARITABLE ACTIVITIES - continued**

	Unrestricted Funds £	Restricted funds £	Total funds 2015 £	Total funds 2014 £
These costs comprise:				
Salaries	215,393	60,098	275,491	259,409
Other salary costs	-	-	-	20,168
CRB & recruitment	982	72	1,054	907
Volunteers expenses	62	437	499	1,909
Training & conferences	1,734	848	2,582	2,401
Rent & room hire	18,173	1,584	19,757	20,054
Office costs	24,296	4,180	28,476	29,040
Carers week and carers rights day	705	-	705	447
Travel expenses including parking	2,892	3,934	6,826	5,904
Bank charges	43	-	43	32
Activity costs	2,264	34,226	36,490	36,131
Newsletter costs	2,764	-	2,764	2,217
Legal and professional fees	-	-	-	8,607
Sessional costs and hospitality for carers	321	-	321	-
Project costs	9,900	-	9,900	-
Website and IT costs	5,134	3,420	8,554	-
Depreciation	2,057	-	2,057	1,032
	<hr/>	<hr/>	<hr/>	<hr/>
	286,720	108,799	395,519	388,258
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

**4. GOVERNANCE COSTS**

	Unrestricted funds £	Total funds 2015 £	Total funds 2014 £
Accountancy fees	2,342	2,342	1,992
	<hr/>	<hr/>	<hr/>
	2,342	2,342	1,992
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

YORK CARERS CENTRE

NOTES TO THE ACCOUNTS - 31 MARCH 2015

5.	<b>STAFF COSTS</b>	2015 £	2014 £
	Wages and salaries	247,778	230,375
	Social security	19,031	17,072
	Pension costs	8,682	11,962
		<hr/>	<hr/>
		275,491	259,409
		<hr/> <hr/>	<hr/> <hr/>
	Average number of employees during the year (full time equivalent)	10	10
		<hr/>	<hr/>

No employee earned £60,000 pa or more.

No trustee nor any person connected with them received any remuneration during the year (2014 £nil). No trustees have been reimbursed for expenses. (2014 £nil).

6.	<b>TANGIBLE FIXED ASSETS</b>	Computer System £	Total £
	<b>Cost</b>		
	As at 1 April 2014	3,096	3,096
	Additions	3,074	3,074
		<hr/>	<hr/>
	As at 31 March 2015	6,170	6,170
		<hr/> <hr/>	<hr/> <hr/>
	<b>Depreciation</b>		
	As at 1 April 2014	1,032	1,032
	Charge	2,056	2,056
		<hr/>	<hr/>
	As at 31 March 2015	3,088	3,088
		<hr/> <hr/>	<hr/> <hr/>
	<b>Net book value</b>		
	As at 31 March 2015	3,082	3,082
		<hr/> <hr/>	<hr/> <hr/>
	As at 31 March 2014	2,064	2,064
		<hr/> <hr/>	<hr/> <hr/>

7.	<b>DEBTORS</b>	2015 £	2014 £
	Other debtors	5,000	20,000
	Prepayments	3,214	2,940
		<hr/>	<hr/>
		8,214	22,940
		<hr/> <hr/>	<hr/> <hr/>

YORK CARERS CENTRE

NOTES TO THE ACCOUNTS - 31 MARCH 2015

8.	<b>CREDITORS DUE WITHIN ONE YEAR</b>	2015 £	2014 £
	Trade creditors	214	1,251
	Accruals	3,081	2,400
	Deferred income	-	23,597
		-----	-----
		3,295	27,248
		=====	=====
9.	<b>DEFERRED INCOME</b>	2015 £	2014 £
	Balance brought forward	23,597	1,667
	Release in year	(23,597)	(1,667)
	Deferred in the year	-	23,597
		-----	-----
	Balance at 31 March 2015	-	23,597
		=====	=====

Deferred income relates to grants received in advance.

10.	<b>MOVEMENT IN FUNDS</b>					
		Funds at 01.04.14 £	Incoming resources £	Resources expended £	Transfer between funds £	Funds at 31.03.15 £
	<b>Unrestricted funds</b>					
	General funds	120,753	275,192	289,062	7,113	113,996
		=====	=====	=====	=====	=====
	<b>Restricted funds</b>					
	Lloyds TSB	-	14,000	12,012	-	1,988
	Early Intervention Fund	-	8,260	8,300	40	-
	CYC Preventative	-	15,000	-	-	15,000
	Young Carers	31,712	11,566	24,604	-	18,674
	Funding for Young adults	2,168	-	523	-	1,645
	Adults	287	-	105	-	182
	Healthcare	-	1,000	1,003	3	-
	Substance Misuse Fund	11,235	31,700	27,814	(4,680)	10,441
	Joseph Rowntree Foundation	-	4,500	121	-	4,379
	Carers Grant	2,071	23,129	8,747	(2,500)	13,953
	EET Fund	5,000	488	4,066	-	1,422
	Purey Cust	-	7,000	-	-	7,000
	Carers Trust	-	21,480	21,504	24	-
		-----	-----	-----	-----	-----
	Total restricted funds	52,473	138,123	108,799	(7,113)	74,684
		-----	-----	-----	-----	-----
	<b>Total funds</b>	173,226	413,315	397,861	-	188,680
		=====	=====	=====	=====	=====

**YORK CARERS CENTRE**

**NOTES TO THE ACCOUNTS - 31 MARCH 2015**

10. **MOVEMENT IN FUNDS (Cont)**

**RESTRICTED FUNDS**

**Lloyds TSB**

A grant towards the salary and on-costs of the young carer worker and project expenses.

**Early Intervention Fund**

A project for general support to young carers in the city individually or as part of a group.

Transfer is to clear the fund as it is finished.

**Preventative Support Grant**

Funding from City of York Council to carry out short-term project work to develop preventative support for carers in York

**Funding for young carers**

Donations and monies from fundraising activities from local business and people specifically to provide activities and groups for carers aged 8-18 years.

The transfer represents funds previously misallocated to Healthcare.

**Funding for young adults**

Donations and monies from fundraising activities from local business and people specifically to provide activities and groups for carers aged 16-25 years.

**Funding for adults**

Donations and monies from fundraising activities from local business and people specifically to provide activities and groups for carers aged 25 years +.

**Healthcare**

Part of a two year grant received from the Health Care lottery distributed via The Carers Trust to look at ways to support Young Adult Carers to make healthier choices whilst receiving support with their caring role; through activities, one to one work and partnership working.

The transfer is to clear the fund as it is finished.

**Substance Misuse Fund**

Funding from City of York Council to provide counselling, advice and information to family members and carers of drug users through one to one group based drop-in and helpline provision.

The transfer represents management fees.

**YORK CARERS CENTRE**

**NOTES TO THE ACCOUNTS - 31 MARCH 2015**

10. **MOVEMENT IN FUNDS (Cont)**

**Joseph Rowntree Foundation**

A small grant to provide breaks and activities for carers who attend the New Earswick Carers Together Project which has been established to particularly reach elderly carers who are vulnerable, isolated and lonely and at considerable risk of developing problems with their own physical and mental health. Cared for support is also funded from this grant.

**Carers Grant**

Grants we have applied for on behalf of carers which we administer to them.

The transfer represents management fees.

**EET Fund**

A grant received from Yorkshire and Clydesdale Fund to support carers returning to employment, education and training.

**Purey Cust**

A small grant to fund staff time, technology and transport to support breaks and activities for carers who attend the New Earswick Carers Together Project. This grant aims to introduce elderly carers to ICT through training and activity sessions to enable them to access health apps and support to help maintain their health and wellbeing.

**Carers Trust**

Part of a two year grant received to provide opportunities for young adult carers to improve and maintain their health and wellbeing, support them in accessing work, training and employment and to work with them to explore a life outside their caring role.

The transfer is to clear the fund.

11. **ANALYSIS OF NET ASSETS BETWEEN FUNDS**

	Unrestricted fund £	Restricted fund £	Total 2015 £	Total 2014 £
Fixed Assets	3,082	-	3,082	2,064
Current assets	114,209	74,684	188,893	198,410
Current liabilities	(3,295)	-	(3,295)	(27,248)
	=====	=====	=====	=====
	113,996	74,684	188,680	173,226
	=====	=====	=====	=====