







Mobile hoists

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Mobile Hoists can be very useful to help transfer someone who is unable to weightbear from one surface to another e.g. from a bed to a chair.

You should only use a mobile hoist if you have been shown how to do so safely by a healthcare professional and you should not use it to transport someone over anything more than a very short distance as this might result in them being uncomfortable or even falling out of it.



Hoists can be difficult to turn and push, especially on carpets, so it is best to move them as little as possible when someone is being lifted. It may be easier, for example, to move the chair to the hoist rather than the hoist to the chair.

Always make sure the brakes are off when you hoist someone as this will stop the hoist from tipping.

The Health & Safety Executive Booklet "Getting to Grips with Hoisting" has a very useful checklist in which will help you get hoisting right.

York Carers Centre

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City of York Council

(01904) 555111 adult.socialsupport@york.gov.uk www.york.gov.uk/carers

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