

York Carers Centre Discount Card Scheme



We have a free discount card for carers in York that can save you money at nearly 50 local businesses. A wide range of shops, services, restaurants and gyms are taking part and are listed in this booklet.

Information up to date: January 2011

If you need this brochure in large print call York Carers Centre on (01904) 715490

Business offering discounts

Alternative therapy

Business	Discount offered
Holistic Touch 34 Clarence Street York YO31 7EW (01904) 677077 holistictouchyork@gmail.com	Complimentary therapies. 20% off massage
The Healing Clinic Club Chambers, Museum Street, York, Y01 7DN (01904) 679868	10% off complimentary therapies
Joanne Brough 9 Hall Park, Heslington, Y010 5DT (01904) 438450	10% off reflexology home visits
Angela Green 17, The Garlands, Clifton, York, YO30 6NT mobile: 07852934135	20% off homeopathy home visits
Zentists 76 Gillygate York, YO317EQ (01904) 622706	10% off
Heworth Reflexology and Head Massage. Renni Prella, 23 First Avenue, York, YO31 7XQ (01904) 410997 mobile: 07940029672	20% off reflexology and head massage

<p>Sarah Johnson (01904) 468393 mobile: 07748994941</p>	<p>10% off Mobile Beauty Therapist</p>
<p>Elaine Hildrick 14 Prospect Terrace, Newton on Ouse (01347) 848010</p>	<p>Reflexology Home visits. 10% off full price treatment. Taster sessions for 30 minutes refundable on booking further treatments</p>
<p>Sheila Middlemass, 7 Orchard Gardens, Huntington, York, YO31 9EA (01904) 679939 mobile: 07759564681</p>	<p>Reflexology. After completion of every 10 treatments the 11th is free. Payment after each treatment, so no need to make a block booking in advance.</p>
<p>5 Senses Spa. 118 Clifton Green, York, YO30 6BA (01904) 623745</p>	<p>10% off</p>
<p>Forevever Living Products. Desiree Harto mobile: 07505227635 email: desireeharto@hotmail.co.uk</p>	<p>15% off Aloe Vera and Beehive products if bought via Desiree</p>

Bike shops, bowling and carpets

Business	Discount offered
Shannons Bikes, 171 Boroughbridge Road, York YO26 6AN (01904) 791610	10% off bikes and accessories
Ten Pin Bowling Arena, Clifton Moor 08718732450	Monday to Thursday any time, Friday til 6.00pm. £3 a game adult or child. Under 16 one game £5 with food or £6 for 2 games with food
Classic Carpets. Unit 4, Tower Court, Oakdale Road, Clifton Moor YO30 4XL (01904) 693331	10% off

Chiropody

Business	Discount offered
Happy Feet (Home visits or clinic). Paul Waygood, 2 Dykes Lane, Copmanthorpe, York YO23 3YT (01904) 626060 mobile: 07732130550	Happy Feet Loyalty Card after 10 treatments one free
Justine Baulk Podiatry, Skelton (01904) 690105	£18 pounds instead of £25

Cobblers, computers, crafts and DIY

Business	Discount offered
Clifton Cobblers, 72 Clifton Green, York (01904) 672033	10% off
Cartridge World, 74 Clifton Green, York (01904) 733999	20% off
Crafts: Steve Garnett, 15 Windsor Drive, Wiggington, York. YO32 2QG (01904) 761624 mobile: 07950443096	15% off picture framing
Crafts: The Viking Loom, 22 High Petergate, York, YO1 7EH (01904) 620587	10% off full price goods
DIY: Pextons Hardware, 11 Bishopthorpe Road (01904) 623217	Hardware and associated products 10% off but restrictions on certain things (such as stamps)

Eating out

Business	Discount offered
Chandini Indian Restaurant and Bar, 50 Goodramgate, York YO1 7LF (01904) 635082	15% off food only including takeaway. Also see vouchers on their website: www.chandini.co.uk

<p>The Dean Court Hotel. Duncombe Place, YO1 7EF (01904) 655096</p>	<p>10% off in The Court from 6pm Monday to Saturday and all day Sunday. Free bottle of wine if table booked for 4 in the DCH restaurant.</p>
<p>La Vecchia Scuola Italian Restaurant, Petergate (01904) 644600</p>	<p>25% any time not to be used with other promotions and not on drinks</p>
<p>Frankie and Benny's. Foss Islands (01904) 691261 and Clifton Moor (01904) 678760 www.frankieandbennys.com</p>	<p>25% off</p>
<p>Burythorpe Hall Country Hotel. Burythorpe, Malton YO17 9LB (01693) 658200</p>	<p>2 for 1 Afternoon Tea</p>
<p>Domino's Pizza. Tower Court, Clifton Moor on (01904) 690000 and Bishopthorpe Road on (01904) 677777</p>	<p>30% off</p>

Gardeners

Business	Discount offered
<p>Melanies Garden Care. 5 Reighton Avenue, Clifton, York (01904) 655096</p>	<p>10% off garden care</p>

Gyms

Business	Discount offered
Roko Health Club, Stirling Road, Clifton Moor ,York YO30 4WZ (01904) 699740	No joining fee £42.50 a month
Innaction Health and Fitness, Park Inn York, North Street, YO1 6JF (01904) 459901	£25 a month
Atlanta Gym and Fitness Centre, Seafire Close, York (01904) 698819	15% off fitness for life (ends soon)
Fitness First York, Lancaster Park, Clifton Moor, York (01904) 693322	£20 a month if joins for the year
Next Generation Club St John 's Playing Field, Off Hull Road, York, YO10 3IQ (01904) 751500	Offering a no joining fee contact Vicky for further details

Hairdressers

Business	Discount offered
Pat Caulfield 56 Low Petergate, York (01904) 621929 or 623958	10% off on a Monday
Niche Hair and Beauty, 50 Fossgate York YO1 9TF (01904) 621199	10% off

ASH Mobile Hair Design, 17 Conifer Close , New Earswick, York YO32 4TT mobile: 07508 019004	10% off
Jills Unisex Salon, 2 Baker Street, Burton Stone Lane, YO30 7AX (01904) 642205	25% off
Ross Charles, Hair Salon Trichologist, 82 Gillygate, York YO317EQ (01904) 621122	With a cut and blow get a treatment free
Ruby Tuesday, 119 Nunnery Lane, York YO23 1AH (01904) 611200	10% off
3D Hair and Beauty, 15/19 The Shambles, York, YO1 7LZ (01904) 623166	25% off

Opticians

Business	Discount offered
Hall Opticians Tower Court, Clifton Moor (01904) 479555	33% off all staff and unpaid carers. Ring before visiting and say you are part of the scheme

Outings

Business	Discount offered
Castle Howard, York, YO60 7DA (01653) 648333	2 for 1

York Maze Elvington Lane, York YO19 5LT (01904) 607341	2 for 1, one visitor pays full price
Burton Agnes Hall Burton Agnes, Driffield YO25 4NB (01262) 490324	10% off when on own. Free admission when with person looking after
The York Brewery, 12 Toft Green, YO1 6JT (01904) 621162	£4.50 admission with 2 half pints of York Brew. Free for carer if bringing person they care for, plus extra relatives and friends £5.00
Eden Camp, Modern History Theme Museum, Malton, North Yorks, YO17 6RT (01653) 697777	18% off (£4.50 instead of £5.50 admission)

Shops

Business	Discount offered
Look What Mums Made, 70 Gillygate, York YO31 7EQ 07927078253	10% off vintage and home-made crafts
Office (Shoe shop), 3 to 7 Coney Street, York YO19 QL0 (01904) 641740	20% York store only, is valid on all full price merchandise excluding UGG. This discount is not valid in conjunction with any other promotions. Cannot be used against the purchase of gift cards

<p>Herbert Todd, 16 York Road, Acomb, York YO24 4LU (01904) 798283</p>	<p>Electrical. Herbert Todd's offer a service unpaid carers deserve with reasonable prices, discounts and concessions available on certain items, free advice, free delivery and installation.</p>
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Solicitors

Business	Discount offered
<p>Minster Law Solicitors</p> <p>Contact Minster Law by phone on 0845 600 3272 and ask to speak to their 'Private Client Department' quoting York Carers Centre.</p> <p>If your call is urgent and you need Minster Law's out of office service then please call (01924) 582759. For further details visit: www.minsterlaw.co.uk</p> <p>Calls at charged at your local standard rate. Calls may be recorded for training and monitoring purposes</p>	<p>Minster Law can offer 15 % discount for the unpaid carer when showing their York Carers Discount Card.</p> <p>15% discounts apply on the fixed fees for the following:</p> <ul style="list-style-type: none"> • Wills and Lasting Enduring Power of Attorney. Also offering free will storage and free annual review • Probate: Executor or Intestate * • Conveyancing: Property Service • Consumer advice: Mis-selling of Payment Protection Insurance

	<p>Minster Law cannot offer a discount on Criminal Injury or Personal Injury claims but will give a free, no obligation, consultation to discuss 'No Win no fee' opportunities for these.</p> <p>Employment Law: free initial advice and guidance. 25% off normal charges for:</p> <ul style="list-style-type: none"> • No Win no Fee* • Minster Law fixed fees • Minster law standard hourly rate <p>*Subject to assessment and terms and conditions.</p> <p>Discounts accurate: 30/11/2010</p>
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Taxis

Business	Discount offered
Fleetways, 9 /10 Queens St York, YO24 1AD (01904) 645333	10% on a minimum fair of £4.00 and (£4.80 after 10pm). Not valid with any other offers

Family fund extra

These discounts can only be accessed online via Family Fund extra: www.familyfundextra.org.uk. Carers will need a valid email address to receive the promotional codes for these discounts and instructions about how to access the latest offers with Family Fund extra will be emailed to carers registered with the Carers Centre.

Business	Discount offered
AA vehicle breakdown cover	35%
BSM	Up to 20%
Comet	10%
Haven holidays	Up to 50%
Love2shop high street gift vouchers and Love2travel gift vouchers	5%
Stone Computers	Up to 20%
3 Mobile	£100 cash back