

York Carers Centre August Newsletter 2010!

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Events coming up:

- Wed 4th Aug – **All groups** Bag packing at Morrisons, Foss Islands (3-7pm)
Thurs 5th Aug – **All groups** Trip to Filey beach (meet at York train station at 10.15am)
Tues 10th Aug – **Younger + Middle group** Trip to York Maze (meet at Memorial Gardens at 9.45am)
Thurs 12th Aug – **Middle + Older group** Paintballing
Mon 16th Aug – **Younger group** Picnic and games in Homestead Park (11am-3pm)
Tues 17th-Thurs 19th Aug – **Middle group girls** residential to Fulford Farm, Oxfordshire
Thurs 19th Aug – **Middle and Older group** Go Karting at Monks Cross
Wed 25th Aug – **Younger group** trip to the Forbidden Corner
Fri 27th Aug – **Middle and Older group** Team challenges day including Jacobs Ladder in Dalby Forest

NEW: Tues 31st Aug, afternoon – conservation work and outdoor fun at St Nicholas Fields (you must be aged 13 or over)

ST NICHOLAS FIELDS...is a local nature reserve in York. If you are aged 14-16 you can get involved by volunteering at the eco-active days. These are every Monday during the summer holidays from 2-5pm, starting on July 26th. Call Katie on **07563 733457** if you'd like to get involved.

There have been some fun trips in July, including a residential to the Young Carers Festival in Southampton, a trip to the CultureShock Festival, a cinema trip and a trip on a canal boat.

Members of Parliament coming to visit

We have invited 2 members of parliament to come and meet some young carers. They really want to come and meet you guys, find out more about what you do and how they can help. Hugh Bailey – Labour MP for York inner, will be coming on Tues 24th Aug at 11am, and we are also hoping that Julian Sturdy Conservative MP for York outer will come too on the same day (at different times). If you are not a member of the Revolution group but are interested in coming along, please can you let one of us know! Thanks.

Photo's

We know how much fun it is to take & share photo's, but please be aware that we do not have photo consent for all of you. There might be many reasons for this, some of which are very serious. Because of this we ask that you do not take photos of each other when on young carer trips. We are working towards being able to share the photo's we take with you so bear with us!



Laffs ☺

- Tues 3rd Aug: **Younger group** Fulford Youth Centre, 6.15-8.15pm
- Mon 9th Aug: **Middle group** Moor Lane, 7-9pm
- Mon 23rd Aug: **Older group** Moor Lane, 7-9pm



Did you know? York Young Carers have a website! You can see some photos and check out details of the upcoming events and trips. Go to www.yorkcarerscentre.co.uk and click on Young Carers.

Young Carers Questionnaire

We will shortly be sending out a questionnaire to all young carers. This will come as separate mail. We'd really appreciate if you could take the time to complete it, as it will help us to bid for funding in future and make sure we are giving you what you want from the service.
Thanks