

# York Young Carers

## January Newsletter 2012

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Middle group girls at Fulford Farm after being pampered!



Megan, Sophie and Loren doing some baking!

## Events coming up

<b>Tues 10th Jan</b>	Trip to the pantomime	7 to 10.15pm
<b>Fri 20th to Sun 22nd Jan</b>	Older group residential to Centre Parcs	Leaving at 4.30pm
<b>Tues 14th Feb</b>	Sport taster sessions at Energise	10am to 3pm
<b>Thurs 16th Feb</b>	Sport taster sessions at Energise	10am to 3pm
<b>Sat 25th Feb</b>	X Factor Live Tour in Manchester	12 to 7pm

## LAFS groups coming up

<b>Tues 3rd Jan</b>	<b>Younger group</b>	Fulford	6.15 to 8.15pm
<b>Mon 16th Jan</b>	<b>Middle group</b>	Moor Lane	7 to 9pm
<b>Mon 30th Jan</b>	<b>Older group</b>	Moor Lane	7 to 9pm
<b>Tues 7th Feb</b>	<b>Younger group</b>	Fulford	6.15 to 8.15pm
<b>Mon 20th Feb</b>	<b>Middle group</b>	Moor Lane	7 to 9pm
<b>Mon 27th Feb</b>	<b>Older group</b>	Moor Lane	7 to 9pm

# What we've been up to

Happy New Year everyone! We hope you've all had a lovely couple of weeks off school.

At the end of November the younger group enjoyed a night out in Clifton Moor. We had two very competitive and fun games of quasar, followed by some tea in the café.

The middle and older group had a night out at Reel Cinema; half the group got in the Christmas spirit and saw 'Arthur Christmas' in 3D while the other half saw the very dramatic 'Twilight: Breaking Dawn, Part 1'.

In December we all had lots of fun at the Young Carers Christmas Party. We were joined by young carers from Harrogate, Selby and Hambleton & Richmondshire and altogether there were about 100 people there!



# T-shirts and hoodies

A new batch of young carer t-shirts and hoodies has arrived. If you have not had yours yet, please let us know and we will give them to you ASAP. These are free the first time round. If you have had a t-shirt and hoody in the past but have lost them or grown out of yours, then you may have another set but will need to pay for this second time round. Hoodies are £15 each and t-shirts are £10 each.

# Reminders

With this newsletter you will find the Annual Consent Form and letter. **Please** fill it in and send it back ASAP. It's really important we have all your updated details, in case of emergencies. We cannot work with you until we have your completed form, so that means no one to ones, trips or LAFFS groups. So make sure you send yours back...now!

Anyone who has a Carers Emergency Card will have received an up date form before Christmas. If you have not already done so, please let us have this back ASAP...you could even put both in the same envelope! Thank you.