

# York Young Carers

## October Newsletter 2011

17 Priory Street, York, YO1 6ET, tel: 715490 email: enquiries@yorkcarerscentre.co.uk



Getting very wet paddle boarding in the pouring rain!



Making yummy pizza at the Cooking Rooms

## Events coming up

<b>Sat 8th Oct</b>	Trip to see Disney on Ice for younger group	12pm to 7pm
<b>Sat 22nd Oct</b>	Fun Workshop Day for middle/older group	10am to 2pm
<b>Wed 26th Oct</b>	Trip to Creepy Crawlies for younger group	10am to 2pm
<b>Thurs 27th Oct</b>	Trip to York Maze Halloscream for middle/older group	6pm to 10pm
<b>Fri 18th-Sun 20th Nov</b>	Middle group girls residential to Fulford Farm	Leaving at 4pm
<b>Wed 23rd Nov</b>	Trip to lazer quest for younger group	6 to 8pm (TBC)
<b>Wed 30th Nov</b>	Cinema trip for middle/older group	5.30 to 8pm (TBC)

## LAFFS groups coming up

<b>Tues 4th Oct</b>	<b>Younger group</b>	Fulford	6.15 to 8.15pm
<b>Mon 10th Oct</b>	<b>Middle group</b>	Moor Lane	7 to 9pm
<b>Mon 24th Oct</b>	<b>Older group</b>	Moor Lane	7 to 9pm
<b>Tues 1st Nov</b>	<b>Younger group</b>	Fulford	6.15 to 8.15pm
<b>Mon 14th Nov</b>	<b>Middle group</b>	Moor Lane	7 to 9pm
<b>Mon 28th Nov</b>	<b>Older group</b>	Moor Lane	7 to 9pm

# What we've been up to

We've been a little quieter at young carers now that you're all back at school. However, throughout September there have been cooking classes taking place at The Cooking Rooms in Clifton Moor. Fifteen young carers took part and made homemade pizzas, potato salad, soup, chocolate muffins, spaghetti bolognese and cheesecake. Yummy!

We also managed to squeeze in one more residential right at the end of the summer holidays. The middle group were joined by young carers from Harrogate on our residential to East Barnby Activity Centre near Whitby. We had a fantastic (but very wet!) time kayaking, rock climbing, beck scrambling and paddle boarding.

At the LAFFS groups in September we played cricket and football, had our nails painted, did some arts & crafts, did some cooking and played on the Wii.

## T-shirts and hoodies

The Young Carer t-shirts have arrived and Vanessa has been giving them out at groups. If you ordered one and don't have it yet, don't worry—we'll give it to you next time we see you. Alternatively you can pop into the office to collect it. We have also got some new hoodies for those of you who haven't had one yet. These are free—please let us know if you'd like one. If you have already had one but it's got a hole in it/stains on it/you've grown out of it/lost it, you can have another one but you'll have to pay for it this time. The hoodies are £15 each.

## Young Carers Revolution

The Young Carers Revolution have been very busy over the last few weeks. Members Imogen, Aidan and Emma presented at the Launch of the School's card. The event was really well attended with Head teachers from most schools, decision makers from the council and Julian Sturdy MP all there.

The group also presented at the Head teachers briefing where everyone said what an amazing job they did with the presentation and what amazing job's young carers do anyway! Pat on the back all round!

If you would like more information about the School's card or are interested in being part of the revolution then please let Liz know.