

# York Young Carers

## August Newsletter 2011

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Harriet, Rachel and Molly showing off their nail art at a recent LAFFS group



The middle group enjoying a drumming workshop at this month's LAFFS group

## Events coming up

<b>Wed 3rd Aug</b>	Bag packing at Sainsbury's, Monks Cross	11am to 3.30pm
<b>Thurs 4th Aug</b>	Adrenalin NY trip for middle/older group	8.45am to 6pm
<b>Tues 9th Aug</b>	Beningbrough Hall for the younger/middle group	11am to 3pm
<b>Fri 12th-Sun 14th Aug</b>	Fulford Farm residential for older group	Meet at Carers Centre at 1pm
<b>Tues 16th Aug</b>	Forbidden Corner trip for younger group	11am to 5pm
<b>Thurs 18th Aug</b>	Young Carers Fun Day	11am to 3pm
<b>Wed 24th-Fri 26th Aug</b>	Middle group residential to East Barnby Outdoor Centre	Meet at Memorial Gardens at 9.45am
<b>Tues 30th Aug</b>	First Aid course for young carers (all ages)	10am to 3.30pm
<b>Wed 31st Aug</b>	Megabowl trip for older group	11am to 3pm

# What we've been up to

At the end of June some of the middle and older group had a fun day out at the Cultureshock Festival in Harrogate. Some of the young carers were even brave enough to go onto the main stage to introduce the Young Carers Revolution DVD, which was shown to hundreds of young people! And another successful awareness session was held at the office about parental mental illness too.

At the younger groups' LAFFS we had fun making (and eating!) our own pizzas and playing on the Wii. The middle group had a go at drumming with a professional teacher and the older group enjoyed celebrating the start of the summer hols!

## Fun Day

Unfortunately, due to the high number of young carers attending the Fun Day on the 18th August, and our restrictions on the capacity in the youth centre, families will no longer be able to come along to the Fun Day. We're so sorry to disappoint but feel it's important that all of the young carers get a chance to come! If you are able to donate a raffle prize or cake for the bake sale, please let us know.

## New faces!

Sharron has now gone off on maternity leave and we have two new young carer workers starting this month. Their names are Jess and Hayley and they will be doing casework. Liz is now the Senior Worker and will also be doing case work. There are a few new volunteers starting this month and they'll be helping out at trips and groups. Please make them all feel welcome!

## Young Carer T-shirts

Thank you to all of you who have sent in your order form for the Young Carer t-shirts. We are going to order these in the next week so please let Liz or Vanessa know ASAP if you would like one and haven't already done so. These will be blue with the logo on the front to match the Young Carer hoodies.

## LAFFS groups coming up

Mon 8th Aug	Middle group	Moor Lane	7 to 9pm
Mon 22nd Aug	Older group	Moor Lane	7 to 9pm
Tues 6th Sept	Younger group	Fulford	6.15 to 8.15pm
Mon 12th Sept	Middle group	Moor Lane	7 to 9pm
Mon 26th Sept	Older group	Moor Lane	7 to 9pm