

York Young Carers

July Newsletter 2011

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The younger group having fun at Winmarleigh Hall PGL



Pamper evening at Browns Department Store

Events coming up

Tues 26th July	Actionzone trip for middle/older group	10am to 3pm
Thurs 28th July	Horse Trek for younger/middle group	10am to 3pm
Mon 1st Aug	York Maze trip	10am to 4pm
Wed 3rd Aug	Bag packing at Sainsbury's, Monks Cross	11am to 3.30pm
Thurs 4th Aug	High ropes and assault course trip for middle/older group	8.45am to 6pm
Tues 9th Aug	Beningbrough Hall for the younger/middle group	11am to 3pm
Fri 12th-Sun 14th Aug	Fulford Farm residential for older group	Meet at Carers Centre at 1pm
Tues 16th Aug	Forbidden Corner trip for younger group	11am to 5pm
Thurs 18th Aug	Young Carers and Families Fun Day	11am to 3pm
Wed 24th-Fri 26th Aug	Middle group residential to East Barnby Outdoor Centre	Meet at Carers Centre at 9am
Tues 30th Aug	First Aid course for young carers (all ages)	10am to 3.30pm
Wed 31st Aug	Older group trip (Megabowl or another venue to be decided nearer the time)	11am to 3pm

What we've been up to

We were busy over the May half term with lots of trips. The ladies enjoyed being pampered at Browns Department Store, the younger group threw themselves down huge slides and into ball pools at Big Fun and we had a very sunny day at Lightwater Valley theme park. The younger group also had a great time on their residential at Winmarleigh Hall PGL centre. There will be more about these trips, including photos, in the bumper September issue of the newsletter.

At LAFFS groups we've been playing outside in the sunshine, planting sunflowers, having our nails done by a professional and much more.

Good luck Sharron!

Sharron just has a couple of weeks left at work before going off on maternity leave. She is due to finish work on 22nd July if all goes to plan. She will be off work for 9 months and will not have her phone on during that time. If you need anything please contact Liz or Vanessa instead. Good luck Sharron!

Rugby Matches

York Knights have given us some free tickets to their rugby matches, both home and away games. These usually take place on Sundays and there are matches from now until September. If you would like some of these free tickets, please ask us.

Young Carer T-shirts

We are going to order Young Carer t-shirts. These will be blue with the logo on the front to match the Young Carer hoodies. Please fill out the slip on the consent form if you would like one. If you would like to include £5 to cover some of the cost of making the t-shirts we would be grateful, but this is completely optional.

LAFFS groups coming up

Tues 5th July	Younger group	Fulford	6.15 to 8.15pm
Mon 11th July	Middle group	Moor Lane	7 to 9pm
Mon 25th July	Older group	Moor Lane	7 to 9pm
Tues 2nd Aug	Younger group	Not at Fulford—more info nearer the time	
Mon 8th Aug	Middle group	Moor Lane	7 to 9pm
Mon 22nd Aug	Older group	Moor Lane	7 to 9pm