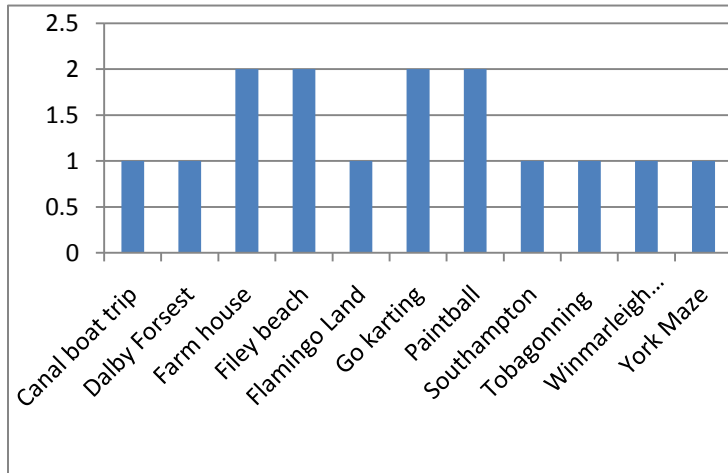


Survey from Young carers about activities funded from BBC Children in Need grant October 2010

1. Activity enjoyed most

Young carers enjoyed a mixture of activities. Of the 15 respondents the following activities were favoured.



2. Activities enjoyed the least

Only 5 out of the 15 young carers responding indicated there was an activity they enjoyed the least. The trips identified were :

York Maze	Paintballing	Filey	Flamingo land	Dungeons
1	1	1	1	1

The reasons were that the rides were scary at Flamingo land and the dungeons were also scary. Transport to Filey as there was a train journey and “not enough freedom” at York Maze.

3. Organisation of the activities

Overall the feedback about the organisation of the trips was good.

Organisation of the activities	Number	%
I knew what dates the activities were planned for	15	100%
I knew the start and finish times	14	93%
I knew the transport arrangements	15	100%
I knew what I needed to wear/bring	15	100%

4. **Were you able to go on all the trips you wanted to?**

Were you able to go on all the trips you wanted to	Number	%
Yes	7	47%
No	6	40%
No response	2	13%

Almost half of all respondents were able to go all the trips they wanted to. Where this was not possible the reasons were as follows: 2 carers were looking after the person they care for; one was on holiday and one was too young to go on the trip – the remainder did not give reasons why.

5. **Were there any activities that you would not have done had they not been arranged by Young Carers, if so which ones and why?**

Four fifths of respondents said they would not have done many of the activities had they not been arranged by Young Carers. Trips like paintballing, horse riding, quad biking and Go Ape, were unlikely to have been accessed without the children in need grant. Young carers told us:

“All of them. Just wouldn’t have had the time to enjoy myself. I would be worried.”

“All of them because my dad never has time for me”

“Because my mum cannot take me”

“Trampolining. I didn’t know it was available or where”

One young carer has taken up trampolining as a result of the grant. The remainder have not been able to access these activities outside the service.

6. **Which activities would you like to do again?**

Carlton lodge	1
Flamingo Land	3
Laser tag	1
Paint ball	1
Filey beach	2
All of them.	2
Go-karting	3
Winmarleigh hall	1
Go ape	1
Horse riding	2
York Maze	1
Park	1
Archery	1
Quad biking	1

There was a variety of activities and trips that young carers enjoyed and would like to do again.

7. On a scale of 1 to 10 (with 1 being not at all and 10 being a lot)please tell us how much the activities helped you to do the following:

	Score	Score	Score	Score	Score
	10-8	7-6	5	4-3	2-1
Have a break from caring	79%	7%	7%	0%	7%
Have fun	87%	7%	7%	0%	0%
Meet new people/make friends	93%	0%	7%	0%	0%
Mix with other young carers	80%	13%	7%	0%	0%
Relax	87%	14%	0%	0%	0%
Learn new skills	64%	35%	0%	0%	0%
Feel good about myself	73%	13%	7%	7%	0%
Try new things	80%	20%	0%	0%	0%
Talk to/spend time with young carer worker	74%	0%	13%	13%	0%

8. What is the best thing about the young carers service?

Almost half of young carers told us that activities were the best thing about the young carers service, with friendship, having fun and getting a break also being key things mentioned – all of which regularly occur as a consequence of engaging in activities.

“Some of the activities we do make us forget about home and are fun”

“They let me do activities I can’t do at home”

“Fun trips to go on, cool people and staff help talk to you and give advice”

9. In one sentence tell us about what the service means to you a young carer?

“Fun away from caring for your loved one”

“Its really good I’ve made some great friends and done some great things”

“A break from home and fun activities”

“Being able to enjoy myself and not have to worry”

“It means I can get a break from caring from my mum every now and again”

“It lets me have some time out so I can enjoy myself”

“That I can be me and no-one else”.

10. Parents views

Tell us in one sentence what the young carers service means to you and your family:

“ Being understood by people who care, given opportunities normally unable to experience

“ It gives my son the opportunity to do things he hasn’t experienced before . Thank you very much”

“The service means a lot to me and my family as it provides the chance to have a break”

“ Young carers gives my daughter the chanced to be a child, have fun and relax with her friends for a few hours or longer on residential without having to worry about me”

“It has been a well needed lifeline for my daughter”

“It gives my son activities to do that I would not be able to afford”

“ The world”

11. Specific feedback from key events from young carers

At the end of each activity young carers are asked to provide feedback on the event. Below is a summary of some of the feedback received directly after some of the arranged trips and activities.

Comments from Actionzone trip on 30/07/10:

- *“Great fun with good team building skills while also very energetic”*
- *“Awesome, fab, great and active”*
- *“Great team building, enjoyed the flag attacking and defending. The day was fab”*
- *“It was amazing, especially when we had to invade”*
- *“It was very fun, I would do it again!”*
- *“Camouflage was good and I liked going around and having freedom. I would go again.”*
- *“Today was really good. It was good because we had to split into team then work together which I though made the new people get to know each other more. I also hope that we can do it again.”*

Comments from York Maze trip on 10/08/10:

- *“It was really fun and exciting. I loved all the games and rides and it makes me want to go there again”*
- *“I enjoyed everything but my favourite ride was Monkey Mayhem and the big slide”*

Comments from Paintballing trip on 12/08/10:

- *“Awesome experience – can’t wait till next time!”*
- *“Great fun, really enjoyed it even though it hurt”, by Harriet*
- *“We must do it again – liked all of it”*

Comments from residential to Fulford Farm on 19/08/10:

- “We went to Fulford Farm and it was really good. The woman who owns the house we stayed in was really nice. She cooked us some tasty meals. We watched some films in the living room and on the second day we went bowling and shopping in the town nearby. It was fun.”
- “It was awesome – can’t wait till next time we get to go!”
- “I really liked the stay. Everyone was really nice and fun and it was just a nice break”

Comment from team building at Dalby Forest on 27/08/10:

- “It was very fun, different and challenging.”