

# York Young Carers

## February Newsletter 2011

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Some of the girls being pampered at the Lush shop in December

## Events coming up

<b>Tues 22nd Feb</b>	Indoor go karting at Monks Cross for the middle and older group	2 to 4pm
<b>Wed 23rd Feb</b>	Spa day at the Cedar Court Grand for the middle and older group	9.30am to 4.30pm
<b>Fri 25th Feb</b>	Trip to The Deep aquarium for the younger group	9am to 5pm
<b>Sun 13th March</b>	Trip to see X Factor Live Tour in Manchester	11.30am to 6.30pm

Remember - if you want to go on any of these trips you must send back your consent form or you won't be able to come!

## LAFS groups coming up

<b>Mon 7th Feb</b>	<b>Middle group</b>	Moor Lane	7 to 9pm
<b>Mon 21st Feb</b>	<b>Older group</b>	Moor Lane	7 to 9pm
<b>Tues 1st Mar</b>	<b>Younger group</b>	Fulford	6.15 to 8.15pm
<b>Mon 14th Mar</b>	<b>Middle group</b>	Moor Lane	7 to 9pm
<b>Mon 28th Mar</b>	<b>Older group</b>	Moor Lane	7 to 9pm

# What we've been up to

This year's pantomime trip was to see Jack and the Beanstalk at York Theatre Royal. We filled nearly 40 seats with young carers from all age groups. It was good to see you all there!

We've been having lots of fun at January's LAFFS groups. The younger group made biscuits and enjoyed playing games and the middle and older group loved playing on the Nintendo Wii and baking yummy things!



## Young carers in Parliament!

York Outer MP Julian Sturdy made a speech in the houses of parliament about young carers. He said he really enjoyed meeting some of you in October and is very proud of the amazing job you do. Have a look on our website for more info!

## Calling all media stars!

Occasionally people from the press like BBC Radio York, York Press or Newsround contact us and ask if a young carer can go on their programme to talk about issues that affect you. If you fancy having a go at this some time, please tick the 'yes' box on the annual consent form.

## Annual consent

With this newsletter you will find the annual consent form and letter. **Please, please** fill it in and send it back asap. It's really important we have this and we cannot work with you (no 1:1's, trips or groups) until we do. Thanks.

## Discount card

Once you have sent back your annual consent form back to us you will be eligible for the Carers Discount Card. This gives you lots of discounts for shops and services in York. Please see the website for more details.

Did you know? York Young Carers have a website! You can see some photos and check out details of the upcoming groups and trips. Go to [www.yorkcarerscentre.co.uk](http://www.yorkcarerscentre.co.uk) and click on Young Carers.